



Integral Institute of Medical Sciences & Research Integral University

Ref. No:- IIMS&R/DO/2019/554

Dasauli, Bas-ha, Kursi Road, Lucknow-226026

Date: 03.06.2019

MBBS FOUNDATION COURSE (2019-20 BATCH)

1 st week	Time	Activity	Speaker	
1st August 2019 (To be attended by parents also)	9:00-10:00	Student Registration and seating arrangement (Venue- Central Auditorium, Integral University)		
	10:00-11:00	Inaugural Ceremony :		
		Welcome address		Prof. (Dr.) Aqil Ahmad, Vice Chancellor (Act.)
		About Integral University		Dr. Syed Nadeem Akhtar, Director Planning and Research
		Guest of Honour		Padma Shri, Prof. Mansoor Hasan Khan, Cardiologist
		Address		Prof. Syed Waseem Akhtar Hon'ble Chancellor
		Vote of Thanks		Dr. Mohd. Zafar Idris Dean- Faculty of Medicine
	11:00-11:30	Tea break		
		Orientation programme: (Venue- Conference Hall-1)		
	11.30-11.50	Code of Conduct and Ethics		Prof. (Dr.) Monowar Alam Khalid, Dean Student Welfare
	11:50 -12:10	MBBS program, Foundation course, Attendance, Assessment criteria		Dr. Mohd. Zafar Idris Dean, IIMSR
	12:10 - 12:20	Introduction of Head of departments of phase-1 (Anatomy, Physiology, Biochemistry, Community Medicine) -		Anchor
	12:20 - 12:40	Anti-Ragging rules, Provost names, contact details, hostel rules and regulations		Prof. T. Usmani Proctor
	12:40-1:30	Virtual tour		MEU
1:30-2:00	Lunch Break			
2:00-4:00	Hostel facilities/Allotment (Boys & Girls Hostel)		Prof. Syed Misbahul Hasan Provost	



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1st week 2nd August 2019	8:00-9:00	Breakfast	
		Orientation programme (Venue- Conference Hall-1)	
	9:00-9:20	Available Medical facilities at IIMSR (20 minutes)	Prof. M.N. Siddiqui Chief Medical Superintendent
	9:20-9:50	Research opportunities, Student exchange program, Scholarships (30 minutes)	
	9:50-10:05	Sports facilities (15 minutes)	Mr. Zafar, Sports incharge
	10:05-10:20	Post MBBS opportunities (15 minutes)	Dr. SMA Waseem, Dept. of Physiology
	10:20-10:35	Break	
	10:35-10:45	Alumni Speech (5 minutes each)	Interns- Mahir & Sidra
	10:45-12:25	Introduction of students- (100 minutes)	
	12:25-1:00	Library facilities, IU website, student portal (35 minutes)	Ms. Atiqa Khurshid, Librarian
	1:00-2:00	Lunch Break	
2:00-4:00	Enrolment for language/computer class & batch allotment (Venue- Conference Hall-1)		
3rd August 2019	9:00-10:00	Brief History of Medicine (40 minutes)	Dr Mukul Saxena, Dept. of Surgery
	10:00-11:00	Introduction to integration & alignment of pre, para & clinical departments (40 minutes)	Prof. M.Z. Idris
	11:00-12:00	Medical profession & physician's role in society (40 minutes)	Prof. S. Mehrotra, Dept. of Medicine
	12:00-01:00	Academic Calendar of MBBS Program (40 minutes)	Prof. Syed Esam Mahmood Coordinator MEU
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering
	4:00-5:00	Sports / Yoga	



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5th August 2019	9:00-10:00	Principles and elements of primary health care (30 minutes)	Dr Mariyam Khwaja, Dept. of SPM
	10:00-11:00	Universal Infection precaution and Vaccinations– (50 minutes)	Dr. Shilpi Srivastava, Micro/Dr. Mukul Saxena, Surgery/Dr. Deepak Chopra, SPM
	11:00-12:00	Patient and biohazard safety - (45 minutes)	
	12:00-01:00	Hospital tour in four batches- 50 minutes	
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:00-4:00	Computer skills – (Batch A + B)		
1st week	9:00-10:00	Alternate health systems in the country & history of medicine:-	
	10:00-11:00	Unani & Ayurveda	Guest Lecturers
	11:00-12:00	Homeopathy & Yoga	
6th August 2019	12:00-1:00	Tour of University in four batches	Faculty of Anatomy, Physiology, Biochemistry and SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
7th August 2019	9:00-10:00	Health care system & its delivery (30 minutes)	Dr. Saurabh Kashyap, Dept. of SPM
	10:00-10:30	National health priorities and policies (40 minutes)	Dr. Deepak Chopra, Dept. of SPM
	10:30 -11:00	Health care problems (30 minutes)	Prof. Syed Esam Mahmood, Dept. of SPM
	11:00-12:00	Academic ambience -30 minutes	Prof. M.A. Khalid (Head, Environmental Science)
	12:00-1.00	Tour of University in four batches	Faculty of Anatomy, Physiology, Biochemistry and SPM
	1:00-2:00	Lunch	
	2:00-4:00	Extra-Curricular Activity (Poster making on Breast Feeding)	



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2 nd week	Time	Activity	Speaker
8th August 2019	9:00-10:00	Blood donation including ethical implications	Dr. Siddharth S. Sinha, Dept. of Pathology
	10:00-10:30	Body Donation including ethical implications	Prof. Mahboobul Haq, Dept. of Anatomy
	10:30-11:00	Human milk banking/Milk donation including ethical implications	Prof. Bhavana Gupta, Dept. of OBG
	11:00-12:00	Concept of Organ donation including ethical implications	Prof. Rubie Malhotra, Optha & Dr Imtiyaz Ahmad , Surgery
	12:00-01:00	Autopsy	Dr Neelesh Shakya, Dept. of FM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering
10th August 2019	4:00-5:00	Sports/Yoga	Yoga Instructor
	09:00-10:00	Group dynamics (50 minutes)	Dr. Adnan K. Lodi (Head, Department of Education)
	10:00-11:00	Role of primary health care/family physician (50 minutes)	Dr Mohd. Suhail Khan, Dept. of SPM
	11:00-12:00	General and community based care (50 minutes)	Dr. Anas Ahmad Khan, Dept. of SPM
	12:00-01:00	Open house group discussion	
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
14th August 2019	3:00-4:00	Computer skills – (Batch A + B)	
	4:00-5:00	Sports/Yoga	Yoga Instructor
	9:00-11:00	Importance of English Language and Professional Communication skills- (120 minutes)	Dr. Tariq Faraz (Dept. of Languages)
	11:00-12:00	Inter personal relationships - (skilled based) (60 minutes)	Dr. Adnan K. Lodi (Head, Dept of Education)
	12:00-01:00	Tour of University in four batches	Faculty of Anatomy, Physiology, Biochemistry and SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:00-4:00	Computer skills – (Batch A + B)		
	4:00-5:00	Sports/Yoga	



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2nd week 16th August 2019	9:00-10:00	Hand washing skills— 60 minutes	Prof. Manzoor Ahmad, Dept. of Micro
	10:00-11:00	Needle stick injuries- (15 minutes)	Dr. Mohd. Suhail Khan, Dept. of SPM
	11:00-12:00	Immunization requirements of health care professionals	Dr. Mohd. Suhail Khan, SPM / Dr. Faraz Ahmad, Pedia
	12:00-01:00	Population explosion & Medical care	Dr. Deepak Chopra, SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	
17th August 2019	9:00-10:00	Patient's experiences (50 minutes)	Dr Mukul Saxena, Dept. of Surgery
	10:00-11:00	Biomedical waste management- (50 minutes)	Dr. Mariyam Khwaja, Dept. of SPM
	11:00-12:00	Working within a health care team- (30 minutes)	Dr. Deepak Chopra, Dept. of SPM
	12:00-01:00	Tour of University in four batches	Faculty of Anatomy, Physiology, Biochemistry and SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – (Batch A + B)	
	4:00-5:00	Sports/Yoga	
19th August 2019	9:00-10:00	Importance of Nutrition	Dietician
	10:00-10:40	Group learning	Dr. Adnan K. Lodi (Head, Department of Education)
	10:40-11:20	Learning strategies	
	11:20-11:30	Learning pedagogy	
	11:30-12:10	Self-directed learning	
	12:10-1:00	Peer assisted learning	
	1:00-2:00	Lunch	
	02:00-4:00	Extra-curricular activity	



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3 rd week	Time	Activity	Speaker
20th August 2019	9:00-10:00	Environment Health Problems (60 minutes)	Dr. Mariyam Khwaja, Dept. of SPM
	10:00- 11:00	Use of information technology in medicine-Lecture	
	11:00-12:00	Use of information technology in medicine-Demonstration (Batch-A +B -30 minutes)	
	12:00-01:00	Use of library facility -visit to Library (Batch-A +B -60 minutes)	
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	Yoga Instructor
21st August 2019	9:00-10:00	Communication with patients & families- (40 minutes)	Dr. Mukul Saxena, Surgery
	10:00-1:00	GP1: BLS (skill training)	Dr. Tanushree Srivastava, Anaesthesia
		GP2: First Aid – School of Nursing-(skill training)	
		GP3: CHC	Dr. Anas Ahmad Khan, Dept. of SPM
		GP4: Family Medicine OPD/ICTC	Dr. Deepak Chopra, Dept. of SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	
English language training programme – (Batch B)		Dr. Hafiz M. Arif, HOD, Dept. of Languages	
3:00-4:00	Computer skills – (Batch A + B)		
	4:00-5:00	Sports/Yoga	
22nd August 2019	9:00-10:00	Professionalism attitude & Ethical behaviour (60 minutes)	Prof. Sudhir Mehrotra, Medicine
	10:00-1:00	GP2: BLS- skill training	Dr. Tanushree Srivastava, Anaesthesia
		GP3: First Aid- School of Nursing -(skill training)	
		GP4: CHC	Dr. Anas Ahmad Khan, Dept. of SPM
		GP1: Family Medicine OPD/ICTC	Dr. Deepak Chopra, Dept. of SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
English language training programme – (Batch B)		Dr. Hafiz M. Arif, HOD, Dept. of Languages	
3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering	



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3rd week 24th August 2019	9:00-10:00	E world pros and cons (MEU) - (40 minutes)	Dr Saurabh Kashyap, SPM
	10:00-1:00	GP3: BLS--(skill training)	Dr. Tanushree Srivastava, Anaesthesia
		GP4: First Aid - School of Nursing (skill training)	
		GP1: CHC	Dr. Anas Ahmad Khan, SPM
		GP2: Family Medicine OPD/ICTC	Dr. Deepak Chopra, SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
English language training programme – (Batch B)		Dr. Hafiz M. Arif, HOD, Dept. of Languages	
3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering	
	4:00-5:00	Sports/Yoga	Yoga Instructor
26th August 2019	9:00-10:00		
	10:00-1:00	GP4: BLS--(skill training)	Dr. Tanushree Srivastava, Anaesthesia
		GP1: First Aid - School of Nursing (skill training)	
		GP2: CHC	Dr. Anas Ahmad Khan, SPM
		GP3: Family Medicine OPD/ICTC	Dr. Deepak Chopra, SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
English language training programme – (Batch B)		Dr. Hafiz M. Arif, HOD, Dept. of Languages	
3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering	
27th August 2019	9:00-10:00	Healthy life style, Proper sleep and Mobile Use	Dr. Saurabh Kashyap, SPM
	10:00-10:40	Community based learning	Dr. Adnan K. Lodi (Head, Department of Education)
	10:40-11:20	Learning from patients and other members of the health care team	
	11:20-11:30	Simulation based learning	
	11:30-12:10	Assessment driven learning	
	12:10-1:00	Use of online resources	
	1:00-2:00	Lunch	
	02:00-4:00	Extra-curricular activity	



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4 th week	Time	Activity	Speaker
28th August 2019	9:00-11:00	Time management- Skill based (120 minutes)	Prof. Ashraf Rizvi
	11:00-12:00	Functioning as part of a health care team (60 minutes)	Dr. Mukul Saxena, Surgery
	12:00-01:00		
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering	
	4:00-5:00	Sports/Yoga	Yoga Instructor
29th August 2019	9:00-10:00	Youth Psychology – (60 minutes)	Dr. Adnan K. Lodi (Head, Department of Education)
	10:00-12:00	Stress management- Skill based (90 minutes)	Dr. Azhar Farooqui (Psychiatry) + Ms. Pragya Verma (Psychologist)
	12:00- 01:00	Exposure to Medical Record Department- in batches (60 minutes)	MRD Incharge
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering
	9:00-10:00	Air, water, vector borne infections-(60 minutes)	Dr Mohd. Suhail Khan, SPM
	10:00-11:00	Hospital infection control program-(60 minutes)	Prof. Manzoor Ahmad, Micro
	11:00-12:00	Personal hygiene- Interactive and group activity (60 minutes)	Dr Mohd. Suhail Khan, SPM / Prof. Noor Jahan, Micro
	12:00-1:00	What can a Medical Student expect?--Society & Nation, Institution, teachers, peers and colleagues & Patients – (60 minutes)	Prof. Charu Singh, ENT
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Hindi Teacher
English language training programme – (Batch B)		Dr. Hafiz M. Arif, HOD, Dept. of Languages	
3:00-4:00	Computer skills – (Batch A + B)	Department of Computer Science & Engineering	
	4:00-5:00	Sports/Yoga	



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31st August 2019	9:00-4:00	Tour of Lucknow	SPM department
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Prof. M.Z. Idris
Dean/Director IMS&R,
Integral University, Lucknow