



Integral Institute of Medical Sciences & Research
Integral University

Ref. No:- IIMS&R/DO/2019/554

Dasauli, Bas-ha, Kursi Road, Lucknow-226026

MBBS FOUNDATION COURSE (2019-20 BATCH)

1 st week	Time	Activity	Speaker
		Orientation programme: (Venue- Central Auditorium, Integral University)	
1st August 2019 (To be attended by parents also)	9:00-10:00	Student Registration and seating arrangement	MEU
	10:00-11:00	Inaugural Ceremony :	
		Welcome address	Prof. (Dr.) Aqil Ahmad, Vice Chancellor (Act.)
		About Integral University	Dr. Syed Nadeem Akhtar, Director Planning and Research
		Address by Guest of Honour	Prof. Nuzhat Husain
		Address by Hon'ble Chancellor, Integral University	Prof. Syed Waseem Akhtar
		Vote of Thanks	Dr. Mohd. Zafar Idris, Dean- Faculty of Medicine
	11:00-11:30	Tea break	
		(Venue- Conference Hall-1)	
	11.30-11.50	Code of Conduct and Ethics of Integral University	Prof. (Dr.) Monowar Alam Khalid, Dean Student Welfare
	11:50 -12:10	MBBS program- Foundation course, Attendance & Assessment criteria, Skill requirements and certifications	Dr. Mohd. Zafar Idris, Dean, IIMSR
12:10 - 12:20	Introduction of Head of departments of phase-1 (Anatomy, Physiology, Biochemistry, Community Medicine)	Dr. Perna Gupta	
12:20 - 12:40	University rules and regulations- Anti-Ragging rules, Provost names & contact details, hostel rules & regulations	Prof. T. Usmani, Proctor	
12:40-1:00	Virtual tour of Integral University	MEU	
1:00-2:00	Lunch		

Prof. M.Z. Idris
Dean/Director IMS&R,
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	2:00-5:00	Hostel facilities/Allotment (Boys & Girls Hostel)	Prof. Syed Misbahul Hasan, Provost
2nd August 2019	Orientation programme (Venue- Conference Hall-1)		
	9:00-9:20	Medical facilities available at IIMSR (20 minutes)	Prof. M.N. Siddiqui, Chief Medical Superintendent
	9:20-9:50	Research opportunities and Scholarships (30 minutes)	Prof. MZ Idris, Dean
	9:50-10:05	Sports facilities (15 minutes)	Mr. Zafar, Sports incharge
	10:05-10:20	Post MBBS opportunities (15 minutes)	Dr. SMA Waseem, Dept. of Physiology
	10:20-10:30	Alumni Speech (5 minutes each)	Interns- Mahir & Sidra
	10:30-12:30	Introduction of students- (120 minutes)	
	12:30 -1:00	Library facilities, IU website, student portal (30 minutes)	Ms. Atiqa Khurshid, Librarian
	1:00-2:00	Lunch	
	2:00-3:00	Library visit	Ms. Atiqa Khurshid, Librarian
	3: 00-5:00	Visit to sports ground and University campus	Mr. Zafar, Sports incharge & Prof. M Haque, Dept of Anatomy
3rd August 2019	9:00-10:00	Brief History of Medicine (60 minutes)	Dr Mukul Saxena, Dept. of Surgery
	10:00-11:00	Introduction to integration & alignment of pre, para & clinical departments (60 minutes)	Prof. M.Z. Idris
	11:00-12:00	Medical profession & physician's role in society (60 minutes)	Prof. S. Mehrotra, Dept. of Medicine
	12:00-01:00	Academic Calendar of MBBS Program (60 minutes)	Prof. Syed Esam Mahmood Coordinator MEU
	1:00-2:00	Lunch	
	2:00-5:00	Enrolment, Batch Allotment & Orientation for language/computer class (Venue- Conference Hall-1)	Dept. of Languages & Department of Computer Science & Engineering
4th August 2019	Sunday		
5th August 2019	9:00-10:00	Principles and elements of primary health care (60 minutes)	Dr Islam Arfin, Dept. of SPM
	10:00-10:30	Universal Infection precautions- (30 minutes)	Dr. Shilpi Srivastava, Micro/Dr. Mukul Saxena, Surgery
	10:30-11:00	Basics of Immunisation	Dr. Deepak Chopra, SPM

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	11:00-12:00	Patient and biohazard safety - (60minutes)	Dr. Mukul Saxena, Surgery
	12:00-12:30	Health care system & its delivery (30 minutes)	Dr. Islam Arfin, Dept. of SPM
	12:30-1:00	National health priorities and policies (30 minutes)	Dr. Deepak Chopra, Dept. of SPM
	1:00-2:00	Lunch	
	2:00-2:30	Medical ethics, attitude and professionalism	Prof. S. Mehrotra, Dept. of Medicine
	2:30-3:00	Academic ambience –(30 minutes)	Prof. M.A. Khalid (Head, Environmental Science)
	3:00-5:00	Hospital tour in four batches	Medical Superintendent
6th August 2019	9:00-11:00	Alternate health systems in the country: Unani & Ayurveda Homeopathy & Yoga	Guest Lecturers
	11:00-1:00	Hand washing skills- (120 minutes)	Prof. Noor Jahan, Dept. of Micro
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills- How to use a computer? – (Batch A + B)	Department of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
7th August 2019	9:00-10:00	Health care as a right	Prof. S. Mehrotra, Dept. of Medicine
	10:00-11:00	What can a Medical Student expect?--Society & Nation, Institution, teachers, peers and colleagues & Patients – (60 minutes)	Prof. Charu Singh, ENT
	11:00 -12:00	Doctor Patient Relationship	Prof. Pradeep Tandon, Dept. of Pathology
	12:00 -1:00	Value of integrity and honesty towards medical profession	Dr. Mukul Saxena, Surgery
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – Proper use of Computers (Batch A + B)	Department of Computer Science & Engineering
4:00-5:00	Poster making on Breast Feeding	Dr. Qasim, SPM	

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8th August 2019	9:00-10:00	Practice of Blood donation including ethical implications	Dr. Siddharth S. Sinha, Dept. of Pathology
	10:00-10:30	Concept of Body Donation including ethical implications	Prof. Mahboobul Haq, Dept. of Anatomy
	10:30-11:00	Human Milk Banking/Milk donation including ethical implications	Prof. Bhavana Gupta, Dept. of OBG
	11:00-12:00	Concept of Organ donation including ethical implications	Prof. Rubie Malhotra, Optha & Dr Imtiyaz Ahmad , Surgery
	12:00-1:00	Importance of Autopsy in professional development	Dr Neelesh Shakya, Dept. of FM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – How to work in MS Word- (Batch A + B)	Department of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
9th August 2019	09:00-11:00	Group dynamics	Dr. Adnan K. Lodi (Head, Department of Education)
	11:00-12:00	Role of primary health care/family physician (60 minutes)	Dr Mohd. Suhail Khan, Dept. of SPM
	12:00-1:00	General and community based care (60 minutes)	Dr. Anas Ahmad Khan, Dept. of SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – How to work in MS Word- (Batch A + B)	Department of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
10th August 2019	9:00-11:00	Professional Communication skills- (120 minutes)	Dr. Tariq Faraz (Dept. of Languages)
	11:00-01:00	Inter personal relationships - (skilled based) (120 minutes)	Dr. Adnan K. Lodi (Head, Dept of Education)
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – How to work in MS Word -(Batch A + B)	Department of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	

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11th August 2019	Sunday		
12th August 2019	Govt. Holiday		
13th August 2019	9:00-11:00	Sharps and Needle stick injuries-Prevention & Management	Dr. Ajay Verma, Dept. of Surgery
	11:00-12:00	Relating to Patient's experience of the Disease (60 minutes)	Dr Mukul Saxena, Dept. of Surgery
	12:00-1:00	Common Health Problems in India (60 minutes)	Dr. Saurabh Shukla,, SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – How to work in MS Excel- (Batch A + B)	Department of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	Yoga Instructor
14th August 2019	9:00-10:00	Immunization requirements of health care professionals-(60 minutes)	Dr. Anas Ahmad Khan, SPM
	10:00-11:00	Working within a health care team- (60 minutes)	Dr. Deepak Chopra, Dept. of SPM
	11:00-1:00	Exposure to Medical Record Department- in batches	MRD
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills- How to work in MS Excel – (Batch A + B)	Department of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	Yoga Instructor
15th August 2019	8:00-9:00	Independence Day Celebration –Flag Hoisting	MEU
	9:00-11:00	Movie on Professional Behaviour	
	11:00-1:00	Movie on First Aid & BLS	
	1:00-2:00	Lunch	
		2:00-4:00	Essay writing competition

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16th August 2019	9:00-10:00	Importance of Nutrition	Dietician
	10:00-1:00	Group learning	Dr. Adnan K. Lodi (Head, Department of Education)
		Learning strategies	
		Learning pedagogy	
		Self-directed learning	
		Peer assisted learning	
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
English language training programme – (Batch B)		Dr. Hafiz M. Arif, HOD, Dept. of Languages	
3:00-4:00	Computer skills – How to work in MS Excel -(Batch A + B)	Department of Computer Science & Engineering	
4:00-5:00	Sports/Yoga	Yoga Instructor	
17th August 2019	9:00-10:00	Population explosion & Medical care-(60 minutes)	Dr. Deepak Chopra, Dept. of SPM
	10:00- 11:00	Use of information technology in medicine-Lecture	Prof. M.Z. Idris
	11:00-01:00	Biomedical waste management	Dr. Sana Jamali, Dept. of Microbiology
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills - How to prepare a power point presentation – (Batch A + B)	Department of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
18th August	Sunday		
19th August 2019	9:00-10:00	Functioning as part of a health care team (60 minutes)	Dr. Mukul Saxena, Surgery
	10:00-1:00	GP1: BLS (skill training)	Dr. Tanushree Srivastava, Anaesthesia
		GP2: First Aid – School of Nursing-(skill training)	Mr. A. Khan
		GP3: OPD	Dr. Qasim Huda Khan/Dr. Anum Aziz, SPM
		GP4: ICTC	Dr. Deepak Chopra Dept. of SPM

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	1:00-2:00	Lunch		
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava	
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages	
	3:00-4:00	Computer skills - How to prepare a power point presentation – (Batch A + B)	Department of Computer Science & Engineering	
	4:00-5:00	Sports/Yoga		
20th August 2019	9:00-10:00	Respect for patient's modesty	Prof. Syed Esam Mahmood, Community Medicine	
	10:00-1:00	GP2: BLS- skill training	Dr. Tanushree Srivastava, Anaesthesia	
		GP3: First Aid- School of Nursing -(skill training)	Mr. A. Khan	
		GP4: OPD	Dr. Qasim Huda Khan/Dr. Anum Aziz, SPM	
		GP1: ICTC	Dr. Deepak Chopra, Dept. of SPM	
		1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava	
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages	
3:00-4:00	Computer skills – How to prepare a power point presentation –(Batch A + B)	Department of Computer Science & Engineering		
	4:00-5:00	Sports/Yoga		
21th August 2019	9:00-10:00	E world pros and cons	Dr Sandeep Kumar Naik, Dept. of Computer Application	
	10:00-1:00	GP3: BLS--(skill training)	Dr. Tanushree Srivastava, Anaesthesia	
		GP4: First Aid - School of Nursing (skill training)	Mr. A. Khan	
		GP1: OPD	Dr. Qasim Huda Khan/Dr. Anum Aziz, SPM	
		GP2: ICTC	Dr. Deepak Chopra, SPM	
		1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava	
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages	
3:00-4:00	Computer skills –File managements skills- (Batch A + B)	Department of Computer Science & Engineering		
	4:00-5:00	Sports/Yoga	Yoga Instructor	

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22th August 2019	9:00-10:00	Confidentiality in patient care	Prof. Sudhir Mehrotra, Medicine
	10:00-1:00	GP4: BLS--(skill training)	Dr. Tanushree Srivastava, Anaesthesia
		GP1: First Aid - School of Nursing (skill training)	Mr. A. Khan
		GP2: OPD	Dr. Qasim Huda Khan/Dr. Anum Aziz, SPM
		GP3: ICTC	Dr. Deepak Chopra, SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:00-4:00	Computer skills – Electronic textbook/Journal journal (Batch A + B)	Department of Computer Science & Engineering	
4:00-5:00	Sports/Yoga	Yoga Instructor	
23th August 2019	Govt. Holiday		
24th August 2019	9:00-10:00	Healthy life style, Proper sleep and Mobile Use	Dr. Azhar Mahmood Farooqui, Dept of Psychiatry
	10:00-10:40	Community based learning	Dr. Adnan K. Lodi (Head, Department of Education)
	10:40-11:20	Use of online resources	
	11:20-11:30	Simulation based learning	
	11:30-12:10	Assessment driven learning	
	12:10-1:00	Learning from patients and other members of the health care team	Dr Mukul Saxena, Department of surgery
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:00-4:00	Computer skills – Effective Database search (Batch A + B)	Department of Computer Science & Engineering	
04:00-5:00	Sports/Yoga	Yoga Instructor	
25th August 2019	Sunday		

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26th August 2019	9:00-01:00	Time management- Skill based	Prof. Ashraf Rizvi
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – Use of Email (Batch A + B)	Department of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	Yoga Instructor
27th August 2019	9:00-10:00	Youth Psychology – (60 minutes)	Dr. Adnan K. Lodi (Head, Department of Education)
	10:00-01:00	Stress management- Skill based	Dr. Azhar Farooqui (Psychiatry) + Ms. Pragya Verma (Psychologist)
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – Basics of SPSS (Batch A + B)	Department of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	Yoga Instructor
28th August 2019	9:00-10:00	Air, water, vector borne infections-(60 minutes)	Dr Mohd. Suhail Khan, SPM
	10:00-11:00	Hospital infection control program-(60 minutes)	Prof. Manzoor Ahmad, Micro
	11:00-01:00	Personal hygiene- Interactive and group activity	Dr Mohd. Suhail Khan, SPM / Prof. Noor Jahan, Micro
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills –How to use SPSS for research (Batch A + B)	Department of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	Yoga Instructor
	9:00-01:00	Visit to CHC	Dr. Qasim Huda Khan, SPM
	1:00-2:00	Lunch	

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29th August 2019	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – How to use SPSS for research (Batch A + B)	Department of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	Yoga Instructor
30th August 2019	9:00-01:00	Visit to CHC	Dr. Qasim Huda Khan, SPM
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – Making e portfolios (Batch A + B)	Department of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
31th August 2019	9:00-01:00	Communication with patients & families	Dr. Mukul Saxena, Surgery
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills —Making e portfolios (Batch A + B)	Department of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	

Colour Coding

	Orientation = 30 hours
	Enhancement of language/ Computer Skills = 40 hours
	Sports and Extra Curricular Activities = 22 hours
	Skills Module = 35 hours
	Professional development including ethics = 40 hrs
	Field visit to Community health centre = 8 hours

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