



**INTEGRAL
UNIVERSITY**
LUCKNOW - INDIA



**FACULTY OF COMMERCE
DEPARTMENT OF COMMERCE**

Ref. No: IU/FC/BHM/event/2025-26/05

Dated: 19/01/2026

NOTICE

This is to inform all the students of the University that a Flameless Cooking Competition is being organized by Hotel Management under the Department of Commerce as part of Fiesta 2026. The competition aims to encourage creativity, innovation, hygiene, and attractive presentation while promoting safe, sustainable, and energy-efficient cooking practices without the use of flame.

Participants will prepare and present innovative dishes using the flameless cooking concept, showcasing their culinary creativity and professional presentation skills.

Event Details:

- **Date:** 05 February 2026
- **Time:** 10:00 AM onwards
- **Venue:** F & B Lab, behind Central Canteen

Students from all departments are cordially invited to participate and make the event lively and successful.

For further details and registration, students may contact the undersigned.

A handwritten signature in black ink, appearing to read 'Adeel Maqbool'.

Prof. (Dr.) Adeel Maqbool

Vice-Dean,
Faculty of Commerce



**INTEGRAL
UNIVERSITY**



Department of Commerce

Organises

FLAMELESS COOKING COMPETITION

By

Hotel Management



Thursday
5 February 2026
10 AM Onwards



F & B Lab ,
Behind Central Canteen



Scan for
Registration

Faculty Coordinator

Dr. Vidit Srivastava
Mrs. Amisha Srivastava
Mr. Feroz Haider Alvi

Student Coordinator

Shahnawaz Ali
8887907950
Aquib Aleem
Ashraf Siddiqui
Sumbul Siddiqui

REPORT ON FLAMELESS COOKING COMPETITION

The **Flameless Cooking Competition** was successfully organized by **Hotel Management under the Department of Commerce** as part of **Fiesta 2026** on **05 February 2026** at the **F & B Lab, behind Central Canteen**, Integral University. The event commenced at **10:00 AM onwards** and witnessed vibrant participation from students of various departments, reflecting a spirit of creativity, learning, and healthy competition.

The event was conducted under the esteemed guidance of **Prof. (Dr.) Adeel Maqbool**, whose constant encouragement and vision provided strong academic and administrative support. The smooth planning and execution of the event were efficiently managed by the faculty coordinators **Dr. Vidit Srivastava, Mr. Feroz Haider Alvi, and Ms. Amisha Srivastava**, who ensured that the competition adhered to the objectives of Fiesta 2026 while maintaining academic discipline and professional standards.

A dedicated team of student coordinators—**Mr. Shahnawaz Ali, Mr. Ashraf Siddiqui, Mr. Aquib Aleem, and Ms. Sumbul Siddiqui**—played a crucial role in the successful conduct of the event. Their efforts in registration, coordination, time management, and participant assistance ensured smooth proceedings throughout the competition.

The competition was evaluated by a distinguished panel of judges comprising **Dr. Syed Aqeel Ahmad**, Professor & Head, Civil Engineering, Director HRDC, and Deputy Controller of Examinations, and **Prof. Abdul Rahman Khan**, Controller of Examinations and Professor & Head of Department. The judges assessed the participants on parameters such as creativity, innovation, nutritional value, hygiene, presentation, and overall conceptual clarity of the flameless cooking approach. Their constructive feedback greatly enriched the learning experience of the participants.

Students presented a wide range of innovative and visually appealing dishes prepared without the use of flame, demonstrating their culinary imagination, awareness of food safety, and sustainable practices. The competition provided an excellent platform for interdisciplinary interaction, encouraging students from different academic backgrounds to engage with the culinary arts.

Overall, the Flameless Cooking Competition proved to be a significant academic and cultural event, successfully achieving its objectives of promoting creativity, teamwork, sustainability, and experiential learning. The event concluded on a positive note, leaving participants and organizers with a sense of accomplishment and motivation for future collaborative initiatives.

Photographs of the Event





Name of Trophy Winners

First Prize	Iqra Nahid , Shariz Abbasi	Commerce Department
Second Prize	Tuba Firdaus , Umme Aiman	Commerce and Pharmacy Department
Third Prize	Abdullah Khan , Mohammad Majid	Commerce Department

Name of Medal Winners

Gold Medal (Best Presentation)	Sarika Singh, Mohd Ayan Azmi	Commerce Department
Silver Medal for (Best Taste)	Sara Naseem, Athar Khalil	B.tech and Bio tech
Bronze Medal (Best Explanation)	Bushra Fatima	M.A (National P.G College)
Consolation Prize	Umra Fatima, Iqra Ansari	B.tech