

AMAR VANDANA

Flat No. 305 SAI Heritage Appartment Mahanagar Extension Lucknow ,

Pin code-226006 . E-mail:-anvit.j@gmail.com Mobile: - +91-9470241040; 7388530076

CAREER OBJECTIVES

To be a part of an organization that provides an atmosphere of mutual growth and benefits, where I can showcase my talent and potential.

ACADEMIC ACHIEVEMENTS

Examination	Discipline	School/College	University/ Board	Percentage	Year of Passing
Masters of Science	Nursing 2-year prog.	T.S.Mishra College of Nursing and Paramedical Amausi Lucknow	Atal Bihari Vajpayee Medical University (ABVMU) Lucknow	69.1%	2024
Bachelor of Science	Nursing 4-year prog.	Christian Medical College & Hospital, Ludhiana	Baba Farid University of Health & Sciences	68%	2020
Higher Secondary (12th)	Medical PCB	I.T college Lucknow	U.P.Board	65%	2012
Matriculation (10th)	English, Hind, S. St, Sci, Maths	Hudson Memorial Girls high School Kanpur	U.P.Board	72.4%	2010

ACADEMICS

1. Secured Good marks in M.Sc. Nursing First Year.
2. Secured highest marks in Obstetric and Gyane. (OBG) Specialtie in M.Sc nursing 2nd Year.

3. Secured Good marks in M.Sc. Nursing 2nd Year.

TRAINING ATTENDED

1. Completed Internship from 01-01-2019 to 24-06-2019 at Christian Medical College and Hospital, Ludhiana, Punjab.
2. Along with theory hours attended Clinical Practice Hours everyday from Nov-2015 to Feb-2019 at Christian Medical College and Hospital, Ludhiana, Punjab.

WORKSHOPS ATTENDED

1. Participated in “Health assessment in Nursing” organized CMC HOSPITAL on 27th July, 2016.

EXTRA CURRICULAR ACTIVITIES

1. Awarded Third Prize for Exhibition related to Anatomy & Physiology .
2. Awarded Second Cash Prize for Thalassaemia day on 8.May.2018
3. Represented my college as a bhangra head and took part in most of the competitions.

like kho-kho , Basketball and badminton

1. Participated in quiz {topic- Antenatal Care} organized by M.Sc.(N) students on

10th May, 2019

1. Conducted a workshop on “Standards in Obstetrics and Gynaecology” on

19th July, 2019 at CON, CMC&H, Ludhiana

1. Conducted a workshop on “Competency Based Evaluation” at CMC&H,

Ludhiana on 1st November, 2019

1. Organized and celebrated World Diabetes Day at CMC&H, Ludhiana
2. Organized quiz on “Medical Surgical Quizzard” for B.Sc. Nursing students
3. Organized workshop on “Legal Aspects in Nursing” at CMC&H, Ludhiana on 27 October, 2019

RESEARCH EXPERIENCE

- Have 6 months research experience during the Bachelors of Science programme with a thesis being entitled: “An Experimental study to assess the knowledge and Distraction of nursing students regarding class room teaching , Ludhiana, Punjab.
- Has 2 years research experience during Masters of Science programme with a thesis being entitled: “An Effect of Planning nursing Interventions on Biophysiological Health Parameters Among Mothers After Elective Caesarean Section, Lucknow, Uttar Pradesh.”

WORK EXPERIENCE

- Has a one-year experience at Bora Institute of health and allied Sciences, Lucknow
- Worked at Apollo Cradle Hospital at Gaziabad (Delhi) in Emergency and IPD Department. Experience in handling patients with various General Care, LSCS,OPD , and in Normal Delivery.
- Also worked in NICU and Labour room for 1 month serving the COVID patients.
- Also Serving the COVID Patients at Apollo Motinagar New Delhi.

KEY STRENGTHS

- Hard Working
- Honest
- Positive
- Flexible
- Enthusiastic
- Proficient with Microsoft Word, Excel, and PowerPoint
- Self-motivated
- Directed
- Ready to take new challenges

HOBBIES

- Travelling
- Cooking
- Shopping
- Listening songs

PERSONAL INFORMATION

- **D.O.B.** – 21st September, 1994
- **GENDER** – Female
- **HUSBAND'S NAME** – Mr.Anvit Joel Lall
- **MOTHER'S NAME** – Mrs.Lalita Juit

DISCLOSURE

All the facts mentioned above are true in all respects.

PLACE: Lucknow

