

RESUME

NARGIS ARA

Lecturer

DOJ- 09/09/2023,

M.Pharm.,

Faculty of Pharmacy, Integral University, Lucknow,

Career Objective: To Establish Myself as a Challenging Dynamic Personality and Competent Pharma Professional with updating Knowledge & Skills Development & Positive Result Reporting Personality.

Contact Me

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Address

Ashram Road, Anora Kala, Lucknow, Uttar Pradesh (226028), India.

Current Location

Lucknow

Birth date: 05/Aug/1993

Educational Qualification

Integral University, Lucknow

2020-Present

Ph. D in Pharmaceutics (Pursuing)

BBDNIIT, Lucknow

2016-2018

M. Pharm in Pharmaceutics (honours with 81%)

ITM, GIDA, Gorakhpur

2012-2016

B. Pharm (1st Division with 74.4%)

Professional Experience (6.1 years)

Lecturer

September, 2023 - Present

Faculty of Pharmacy, Integral University, Lucknow, U.P.-226026, India.

Assistant Professor

2023 - August, 2023

Sherwood College of Pharmacy, Lucknow -Barabanki, U.P-225001, India.

Assistant Professor

2021-2022

Sagar College of Pharmacy, Barabanki, U.P-225001, India.

Assistant Professor

2018-2021

Seth Vishambhar Nath Institute of Pharmaceutical Sciences, Barabanki, U.P-225003, India.

Principle Area of Research

- Pharmaceutical Formulation Development.

Papers/Patents

Research Paper

1. **Title:** Formulation Development and *In vitro* and *In vivo* Evaluation of *Nardostachys jatanmansi* Extract Loaded Topical Microemulsion for Antiaging Activity.

Journal: Neuroquantology | August 2022

Review Paper

1. **Title:** Nanocarrier-Mediated Drug Delivery via Inhalational Route for Lung Cancer Therapy: A Systematic and Updated Review.

Journal: AAPS Pharm Sci Tech. | February 2024

2. **Title:** Repurposing simvastatin in cancer treatment: an updated review on pharmacological and nanotechnological aspects

Journal: Naunyn-Schmiedeberg's Archives of Pharmacology | May 2024

Patent

Title: Thiadiazole Derivative with Antibacterial Activity.

German Patent | May 2022

Seminars & Other Achievements

- Attended 2 days International Conference on “Novel Paradigms in Pharmaceutical Sciences: An Approach for Healthier World” in March, 2024.
- Attended 2 days International Conference on “CD4: Conference on Drug Development and Drug Delivery” in November, 2023.
- Presented Oral Presentation in World Women Conference-VI, Turkiye on topic “Prevalence of Lung cancer in Indian Women” in September 2023.
- Participated in 1 week PDP on “Strategies to Overcome Challenges in Drug Development” in December 2022.
- Attended 1 week FDP on “Recent Advancement in Pharmaceutical Discoveries and Developments” in August 2022.
- Attended 1 week e-FDP on “Use of ICT in Blended Mode of Pharmacy Education” in June 2021.
- Participated in e-Workshop on “Recent Trends in Technology for Pharmaceutical Sciences” in June 2021.
- 2 days seminar on “Tourism and Green Spaces: Healthier Lifestyle Approaches from Nature” in 2017.
- 3 days seminar on “International Conference on Updates in Cancer Prevention and Research” & participated in poster presentation & attended 1 day seminar on “Satellite Conference on Translational Pharmaceutics Research: Trends and Implications” in 2017.

- Participated in poster presentation and attended 2 days seminar on “Reformulating Potential Active Molecules: Future Aspect and Challenges” in 2016.
- 2 days seminar on “Current Trends in Pharmaceutical Sciences” in 2015.

Skills

- Research, Teaching, Pharmaceutical Equipments and Machines Handling, Operating MS Word, Excel, Power Point, etc.

Highlights

- Delivered lectures on Pharmaceutical Sciences as per approved course curriculum of B. Pharm and D. Pharm.
- Maintained interactive classroom environment to ensure quality learning.
- Handled very efficiently other responsibilities such as PCI, Exam Controller, Admission Cell, etc.
- Worked effectively with other staffs to achieve department missions & enforced disciplined standards and college policies.
- Worked as ACS in BTEUP examination conducted at Sagar College of Pharmacy in year 2022.

Membership

- Life Member in Association of Pharmaceutical Teachers of India.

Languages

English, Hindi, Urdu.

Interests

Music, Art, Travelling

I hereby declare that the information I have shared is correct to the best of my knowledge.

Date: / /

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