



# Integral Institute of Agricultural Science & Technology (IIAST) Integral University, Lucknow

## Brief report on Kisan Goshti organized by Department of Agriculture, IIAST

### On "Women's Health Initiatives" in Anwari Village

(महिला स्वास्थ्य पहल)

The Kisan Goshti organized by the Department of Agriculture at IIAST on "Women's Health Initiatives," held on April 10, 2022, in Anwari village, underscored the vital role of women in agriculture and their holistic well-being. Recognizing that women are often the backbone of rural farming communities, this event aimed to address the specific health needs and challenges faced by women engaged in agricultural activities. By prioritizing women's health initiatives, the goshti sought to empower female farmers with the knowledge and resources necessary to maintain their health and vitality, thereby enhancing their contributions to agricultural development and household welfare.

Dr. Faria Fatima, Assistant Professor at the Department of Agriculture, IIAST, provided valuable insights into women's health initiatives, emphasizing the importance of holistic approaches that address both physical and mental well-being. Her presentation highlighted the unique health concerns faced by women in rural agricultural settings and explored strategies for promoting preventive healthcare, nutrition, and hygiene practices among female farmers. Dr. Fateem's expertise shed light on the significant role of women's health in sustainable agricultural development, emphasizing the need for targeted interventions to ensure the overall welfare and empowerment of women in Anwari village.

Dr. Deepti Srivastava, Assistant Professor at the Department of Agriculture, IIAST, complemented Dr. Fateema's insights by focusing on specific health issues affecting women in agriculture and practical measures to address them. Through her expertise in public health and community outreach, Dr. Srivastava emphasized the importance of access to healthcare services, reproductive health education, and awareness-raising campaigns tailored to the needs of female farmers. Her presentation emphasized the role of women as agents of change in promoting health and well-being within their families and communities, underscoring the transformative potential of women's empowerment in driving positive outcomes in agricultural development and rural livelihoods.



Glimpses of the Goshti

