

INTEGRAL UNIVERSITY, LUCKNOW

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

MASTER OF PHYSIOTHERAPY (MPT) MUSCULOSKELETAL

SYLLABUS

YEAR/ SEMESTER: I/I



Integral University, Lucknow Department of Physiotherapy Study and Evaluation Scheme

Program: MPT Semester I

S.	Course		Type of		Period F :/week/s	-	Evaluation Scheme				Max.		Total
No.	code	Course Title	Paper	L	T	P	CT	T A	Total	ESE	Marks	Credit	Credits
			THI	EORIE	ES								
1	PT501	Basic Health Science	DE	03	01	0	40	20	60	40	100	3:1:0	4
2	PT502	Advanced Electrotherapy and Electro diagnosis	Core	03	01	0	40	20	60	40	100	3:1:0	4
3	PT503	Research Methodology, Biostatistics	Core	03	01	0	40	20	60	40	100	3:1:0	4
4	PT504	Exercise Testing & Prescription	Core	03	01	0	40	20	60	40	100	3:1:0	4
5	PT505	Seminar on Clinical Issues	Core	00	03	0	50	50	100	00	100	0:3:0	3
			PRA	CTIC	AL								
1.	PT506	Clinical Training	Core	00	00	14	50	50	100	00	100	0:0:7	7
·		Total		12	07	14	260	180	440	160	600	26	26

Program: MPT Semester II

S.	Course	Course Title	Type of	_	eriod Period Per			Evalua	ntion Sch	neme	Max.	Constit	Total
No.	code	Course Title	Paper	L	T	P	CT	TA	Total	ESE	Marks	Credit	Credits
				T]	HEORI	ES							
1	PT507	Medical & Surgical Conditions	DE	03	1	0	40	20	60	40	100	3:1:0	4
2	PT508	Biomechanics and Kinesiology-I	Core	03	1	0	40	20	60	40	100	3:1:0	4
3	PT509M	Core	03	1	0	40	20	60	40	100	3:1:0	4	
				PR	ACTIC	AL							
1.	PT510	Biomechanics and Kinesiology-I Lab	DE	00	00	02	50	50	100	00	100	0:0:1	1
2.	PT511M	Physiotherapy -I Lab	DE	00	00	02	40	20	60	40	100	0:0:1	1
3.	PT512	Seminar on Clinical Issues	Core	00	03	0	50	50	100	00	100	0:3:0	3
4.	PT513	Clinical Training	Core	00	00	14	50	50	100	00	100	0:0:7	7
		Total		9	06	18	310	230	540	160	700	24	24



Effective from S	ession: 2020-	-2021					
Course Code	PT501	Title of the Course	BASIC HEALTH SCIENCES	L	T	P	C
Year	I	Semester	I	3	1	0	4
Pre-Requisite	Nil	Co-requisite	Nil				
Course	Student wil	l learn the principles, to	echnique, and effects of different concepts of anatomy, physiology, path	ology,	pharm	acology	y &
Objectives	radiology in	the restoration of basic	knowledge and also implementation of evidence based practical approach				

	Course Outcomes
CO1	To provide the basic understanding of different Musculoskeletal structure like bone, muscles ligament and its microscopic structural design and
	differences and importance.
CO2	To making the students able to understand about the smallest functional unit of the human body, its electrophysiological response and
	membrane potential.
CO3	Making the students about the pathophysiological response of the body and mechanism action of immune system in different pathological
	condition.
CO4	The objective of this unit is to make the students able to understand about the pharmacokinetics and Pharmacodynamics response of different
	drugs and its uses and side effect.
CO5	To provide the optimal knowledge of different imaginary tool which is used to rule- out different anomalies related to musculoskeletal system.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	ANATOMY	 Micro structure for various soft tissue structures like Ligaments, Muscle, bone, cartilage, articular cartilage tendon and disc. Embryology (ossification of various bones). Musculoskeletal anatomy of human body. Joints and Its Classification 	8	CO1
2	PHYSIOLOGY	 Cell and its function. Electrophysiology, Membrane potential. Muscle Physiology, Contraction of skeletal muscle. Effects of ageing. 	8	CO2
3	PATHOLOGY	 Immune system: Immune response, immunology and exercise, autoimmune diseases, isoimmune diseases. Oncology. Response to trauma, specific tissue injury. Metabolic disorders. Tuberculosis—musculoskeletal. 	8	CO3
4	PHARMACOLOGY	 Pharmacokinetics and Pharmacodynamics. Anti-Anaemic, Hormones, Insulin, Steroids, Diuretics 	8	CO4
5	RADIOLOGY	Basics of Imaging Techniques in Orthopaedic conditions 1. Ultrasonography, 2. X-rays, 3. CT Scan, 4. MRI scanning, 5. Bone Scan, 6. Dexa Scan	8	CO5

Reference Books:

- 1. Gray's Anatomy
- 2. Pharmacology in Rehabilitation. Ciccone
- 3. Clinical Anatomy Snell

- Chinical Anatoniy Sheri
 Boyd's Textbook of Pathology A.C. Ritchie
 Textbook of Medical Physiology Guyton Mosby.
 Pathologic Basis of Diseases Robbins, Kotran and Kumar W.B. Saunders.

e-Learning Source:

- 1. https://youtu.be/Bt0aaxpDlTd8
- 2. https://youtu.be/Bt0axxrpDlTd8
- 3. https://youtu.be/hpwnnlr-ZHB0

						Course	Articu	lation N	Aatrix: (I	Mapping o	f COs with	POs and	PSOs)				
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO																	
CO1	3	2	-	-	-	1	1	-	1	-	-	-	3	3	1	1	-
CO2	3	3	-	-	-	1	1	-	1	-	-	-	3	3	1	1	-
CO3	3	3	3	1	2	2	1	1	1	-	-	-	2	3	1	1	-
CO4	-	1	2	-	2	2	2	-	-	-	-	-	1	2	2	-	-
CO5	2	3	3	1	3	3	1	-	-	-	-	1	3	3	2	-	-

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

		1111	indice a pros coi	minom for an or a	anches / Disc	ipines			
Course Code	Course Title			At	tributes				SDGs
DT501	Basic health sciences	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	No.
PT501	Basic health sciences	√	V	√	Equanty	Sustamaomity	√aruc	√ V	3,4



Effective from S	ession: 2015-	-2016													
Course Code	PT502	Title of the Course	ADVANCED ELECTROTHERAPY AND ELECTRODIAGNOSIS	L	T	P	C								
Year	I	Semester I 3 1 0 4													
Pre-Requisite	Nil	Co-requisite Nil													
Course	Student wil	l learn the principles,	technique, and effects of different electrotherapeutic and electro diag	gnostic	moda	lity in	the								
Objectives	restoration of	of physical function, its	clinical implication and evidence based practical approach.												

	Course Outcomes
CO1	To understand about different electrotherapy modalities and uses of current for treatment of neuromusculoskeletal problem and its effect on
	different system.
CO2	To understand about the advancement of electrotherapy and its effect on neuromusculoskeletal and musculoskeletal rehabilitation.
CO3	To understand about different electrotherapy modalities which are used for diagnose and treat the problem related to the neuromusculoskeletal.
CO4	To deals with the recent advances which occur in electrotherapy like extracorporeal shock wave therapy and its future prospective.
CO5	To understand about the recent advances in electrotherapeutic modalities like pulsed and continuous diathermy, pulsed and continuous
	microwave diathermy, Ultrasonic Therapy, LASER, Thermotherapy, Cryotherapy, Infra-Red, etc.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	ELECTRO PHYSIOLOGY	 Neurophysiology basis for application of therapeutic electricity. a) Nerve and muscle excitation induced by external applied stimulation b) Reflex activation and synaptic transmission, Excitation of alpha motor neurons. Electrophysiology of pain and its management. Electrodiagnosis and electrotherapeutic instrumentation, Types of stimulation electrodes, Placement of electrodes Different components in diagnostic equipment's e.g., processor, amplifiers, processors, rectifiers, and display devices. Signal processor and amplification and filtering. 	8	CO1
2	TENS ADVANCEMENT	Recent advances in application of TENS for neuromuscular and musculoskeletal rehabilitation. Role of different electrotherapeutic modalities in management of pain and healing. Clinical decision making in the use of appropriate modality in neuromuscular, musculoskeletal, Neurological, cardiopulmonary, and sports conditions.	8	CO2
3	ELECTRO DIAGNOSIS	1. Electrical evaluation of nerve and muscle excitability. a) SD curve and chronaxie test b) Nerve conduction test Motor nerve conduction-Motor nerve conduction, Sensory nerve conduction, H-reflex response, Evoked potential tests (Somatosensory evoked potentials, Visual evoked potentials and Auditory evoked potentials) Electromyography and bio-feedback) Biophysical principles, Clinical considerations, Clinical application of musculoskeletal patients, Clinical application of neuromuscular patients. b) Role of E.M.G.B.F.B in sports training and rehabilitation. c) EMG-Normal, abnormal EMG and indications	8	CO3
4	ADVANCEMENT IN ELECTRICAL MODALITIES	1. Extracorporeal Shock Wave Therapy a) Biophysical and Biophysiological principals b) clinical application in musculoskeletal rehabilitation c) Future prospects of E.S.W.T. in musculoskeletal rehabilitation. 2F.E.S. in Rehabilitation a) Evidence based practice b) Clinical application 3. NMES and clinical applications: Disuse atrophy, ROM, Muscle re-education and facilitation, Spasticity management, Orthotic substitution, Gait training, Shoulder subluxation	8	CO4
5	ELECTRO THERAPEUTIC MODALITIES	1. Recent advances, critical evaluation and current status of different electrotherapeutic modalities like pulsed and continuous diathermy, pulsed and continuous microwave diathermy, Ultrasonic Therapy, LASER, Thermotherapy, Cryotherapy, Infra-Red, etc. In musculoskeletal, neuromuscular, sports and cardiovascular rehabilitation.	8	CO5

Reference Books:

- 1. Electrotherapy: Evidenced based Therapy by Sheila Kitchen.
- 2. Clinical Electrotherapy & Electrophysiological Testing by Andrew J Robinson.
- 3. Electrotherapy/; Evidenced based practice by Tim Watson.
- 4. Physical Agents in Rehabilitation Cameron.

e-Learning Source:

- https://youtu.be/Bt0aaxpDlTd8
- 2. https://youtu.be/Bt0axxrpDlTd8
- https://youtu.be/hpwnnlr-ZHB0
 https://youtu.bee/KHvfdKyw2I8

						Co	ourse A	rticulati	ion Matrix:	(Mapping	of COs w	ith POs an	d PSOs)				
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO	FOI	FO2	103	FO4	103	100	107	100	FO9	FO10	FOII	FO12	1301	F302	1303	1304	1303
CO1	3	3	3	3	3	1	2	1	-	-	-	-	3	1	3	2	2
CO2	3	3	3	3	3	2	3	1	-	-	-	-	3	1	3	2	2
CO3	3	3	3	3	3	3	3	1	-	-	-	-	3	1	3	2	2
CO4	3	3	3	3	3	3	3	1	-	-	-	-	3	1	3	2	2
CO5	3	3	3	3	3	3	3	3	-	-	-	-	3	3	3	2	2

Course Code	Course Title		Attributes										
PT502	ADVANCED ELECTROTHERAPY AND	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	No.				
	ELECTRODIAGNOSIS	√	√	√			1	7	3,4,9				



Effective from S	ession: 201	5-2016										
Course Code	PT503	Title of the Course	RESEARCH METHODOLOGY & BIOSTATISTICS	L	T	P	C					
Year	I	Semester	I	3	1	0	4					
Pre-Requisite	Nil	Co-requisite	Nil									
Course	Student w	dent will learn the research methodology, research problem, design, estimation and calculation of sample size, qualitative and										
Objectives	research ar	earch analysis, data analysis.										

	Course Outcomes
CO1	Outcome of this unit deals with the research methodology, research problem, design, measurement and scaling technique.
CO2	Outcome of this unit to making the students understands about research ethics, how to write a research proposal choosing and developing research question.
CO3	Outcome of this unit facilitates the students about writing thesis & journal article, presenting research and attending a scientific conference.
CO4	Outcome of this unit is to making students able about the processing and analysis of data and interpretation, testing of hypothesis etc.
CO5	Outcome of this unit is to making the students able about estimation and calculation of sample size, qualitative and research analysis, data analysis etc.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1		 An introduction to research methodology. Defining the research problem. Review of literature/use of IT & Database for ROL. Research Design-Experimental & Non-experimental. Measurement and scaling techniques. Methods of data collection. Sampling. Level of evidence. 	8	CO1
2	RESEARCH	 Research ethics. Writing proposal, writing in scientific style. Use of animals in research. Critiquing article. Choosing & Developing Research question. Presenting research Proposal. Applying for research funding. 	8	CO2
3		 Writing thesis & journal article. Presenting research. Attending a scientific conference. Preparing a conference poster. Guidelines for development/ refinement, evaluation and use of assessment tools (including attitude scales): scoring, administering tests & critiquing tools. Research in rehabilitation. 	8	CO3
4	BIOSTATISTICS	 Types of data, collection, representation, measure of central tendency, variation, and association. Processing and analysis of data and Interpretation. Testing of hypothesis (parametric or standard tests of hypotheses, non parametric or distribution-free tests). Statistical analysis for differences and correlation: Basic, Advanced special technique. Analysis of variance and covariance. Multivariate analysis techniques. 	8	CO4
5	nea Roaks	 Sample size estimation and power calculation. Qualitative analysis. Rasch analysis. Software use for data analysis – STATA, SPSS etc. Repertory grid analysis and its application to health care research. Delphi technique (to arrive at a consensus of professional opinion on any given topic). 	8	CO5

Reference Books:

- 1. Handbook of Research in Physical Therapy, by C. E. Bork
- 2. Physical Therapy Research: Principles and Application, by E. Domholdt
- 3. Research Methodology for Physical Therapists, by C. Hicks
- 4. Professionalism in Physical Therapy by Swisher
- 5. Introduction to Research in Health Sciences, by Stephen Polgar

e-Learning Source:

- 5. https://youtu.be/Bt0aaxpDlTd8
- 6. https://youtu.be/Bt0axxrpDlTd8
- 7. https://youtu.be/hpwnnlr-ZHB0
- 8. https://youtu.bee/KHvfdKyw2I8

							Cot	ırse Arti	culation M	latrix: (Map	ping of COs	with POs an	nd PSOs)				
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
СО																	
CO1	1	1	2	2	2	2	3	3	3	-	2	-	2	1	3	3	3
CO2	1	1	2	2	2	2	3	3	3	-	2	-	2	1	3	3	3
CO3	1	1	2	2	2	2	3	3	3	-	2	-	2	1	3	3	3
CO4	1	1	2	2	2	2	3	3	3	-	2	-	2	1	3	3	3
CO5	1	1	2	2	2	2	3	3	3	-	2	-	2	1	3	3	3

Course Code	Course Title		Attributes									
	RESEARCH	Employability	Entrepreneurship	Skill	Gender	Environment &	Human	Professional	No.			
PT503	METHODOLOGY &	Employability	Entrepreneursinp	Development	Equality	Sustainability	Value	Ethics				
1 10 00	BIOSTATISTICS	1	√	1					4,9			



Effective from	Session: 2015-	2016											
Course Code	PT504	Title of the Course	EXERCISE TESTING AND PRESCRIPTION	L	T	P	C						
Year	I	Semester	I	3	1	0	4						
Pre-Requisite	Nil	Co-requisite	Nil										
Course	Students w	ts will able to understand and make decision on exercise testing and prescription at different rehabilitation set up for											
Objectives	diagnostic,	ostic, prognostic & therapeutic outcome.											

	Course Outcomes
CO1	The student understand exercise testing in different set up as a diagnostic, prognostic & therapeutic and of various exercise over Cardiorespiratory &
	Musculoskeletal system.
CO2	The students understand various test associated with pulmonary disorder and interpretation to design the tailored exercise protocol and to understand how
	different body composition affects the human performance.
CO3	The students learn the various effect of exercise on different body system and learn the basic principle of different exercise program which helps them in
	achieving good physical fitness.
CO4	The student learn to understand about the various arthritis condition along with the different principles governs the exercise program and enlighting the health
	behavior program and the various channels affecting exercise program.
CO5	The student understand about the problem associated with Health care industries which covers staff and operating system in designing the various program under
	an umbrella of different policies & legal aspect for safety in operating health clinics.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	LIFESTYLE FACTORS ASSOCIATED WITH HEALTH AND DISEASE	 Factors associated with increased risk of Coronary Heart Disease. General overview of Pre-participation Health screening and risk assessment. Physical Activity Assessment. Relationship of Nutrition to Chronic Diseases. Assessment of Dietary Intake. The Influence of Emotional Distress on Chronic Illness. 	8	CO1
2	PHYSICAL FITNESS, CLINICAL, AND DIAGNOSTIC ASSESSMENTS	 Body Composition. Muscular Fitness. Clinical Exercise Testing related to Cardiovascular Disease. Assessment and Limitations Associated with Pulmonary Disease. Exercise Testing in Patients with Diabetes. Clinical Exercise Testing in Individuals with Disabilities Due to Neuromuscular Disorders. 	8	CO2
3	EXERCISE PRESCRIPTION, EXERCISE PROGRAMMING AND ADAPTATIONS TO EXERCISE TRAINING	 Cardiopulmonary Adaptations to Exercise. Adaptations to Resistance Training. Principles of Cardiorespiratory Endurance Programming. Principles of Musculoskeletal Exercise Programming. Weight Management. Medical Considerations. 	8	CO3
4	EXERCISE TESTING AND TRAINING FOR INDIVIDUALS WITH CHRONIC DISEASE	 Exercise Training in Patients with Cardiovascular Disease. Treatment and Rehabilitation of Pulmonary Diseases. Exercise in patients with end stage Renal Disease. Osteoporosis and Exercise. Arthritis Diseases and Conditions. Neuromuscular Diseases and Exercise. 	8	CO4
5	HUMAN BEHAVIOURAL PRINCIPLES APPLIED TO PHYSICAL ACTIVITY	 Principles of Health Behaviour Change Channels for Delivering Behavioral Programs Factors Associated with Regular Physical Activity Participation Behavioral Strategies to Enhance Physical Activity Participation Health Counseling Skills 	8	CO5

Reference Books:

- 1. Exercise Testing & Prescription by David C. Neiman, Mc. Graw Hill.
- 2. Exercise training and exercise prescription for special cases. Theoretical basis and clinical application by James A. Skinner, Lippincott Williams and Wilkins.

e-Learning Source:

- 1. https://youtu.be/Bt0aaxpDlTd8
- https://youtu.be/Bt0axxrpDlTd8
- https://youtu.be/hpwnnlr-ZHB0
 https://youtu.bee/KHvfdKyw2I8

						Course	Articul	lation N	Aatrix:	(Mapping	g of COs	with POs	and PSC	Os)			
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO	101	102	103	104	103	100	107	1 00	10)	1010	1011	1012	1501	1302	1303	1504	1303
CO1	3	3	2	2	2	2	1	-	2	-	-	-	1	1	1	2	2
CO2	3	3	3	3	3	2	2	1	2	-	-	-	3	3	2	1	2
CO3	3	3	3	2	2	2	2	1	1	-	-	-	2	1	3	3	2
CO4	1	1	2	1	2	2	2	1	2	-	-	-	3	1	1	1	3
CO5	1	1	1	1	1	1	1	2	2	2	1	3	1	1	1	1	1

Course Code	Course Title		Attributes										
PT504	EXERCISE TESTING AND PRESCRIPTION	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	No.				
		√	√	√	√		√	√	3,4,9				



Effective from Sessio	n: 2015-16											
Course Code	PT505	Title of the Course	SEMINAR ON CLINICAL ISSUES	L	T	P	C					
Year	I	Semester	I	0	3	0	3					
Pre-Requisite	Nil	Nil Co-requisite Nil										
Course Objectives	issues in the effica		ents to integrate various components of patient management echniques used in musculoskeletal, neurological, cardio on skills.									

	Course Outcomes
CO1	The students will understand and interpret latest advancements through different technical papers, reports, Journals, Data sheets, books etc
CO2	The students will inculcate the skills for literature survey and will learn to manage resources effectively.
CO3	The students will be able to summarize the recent research and technologies in the form of review and will be able to deliver power pointpresentations on an assigned topic.
CO4	The students will be able to communicate his/her ideas with his peers as audience, which will enhance both oral and written communicationskills.
CO5	The students will be able to create interest to pursue lifelong learning.

SEMINAR PRESENTATION ASSESSMENTN FORM

Name of Student:		Session:	2022-23
Enrollment Number:		Date:	
Name of Subject:	Seminar on Clinical Issues	Subject code:	PT505
Topics:			

Criteria	Sub-Criteria	Max. Marks	Marks
			Obtained
Introduction	Use appropriate background information	03	
(Max marks-09)	Has clear statement of purpose	03	
(Max marks-09)	Shows a logical sequence	03	
	Includes accurate information	03	
	Shows up-to-date content	03	
Factual Content	Presents relevant content	03	
(Max marks- 21)	Shows in-depth and sufficient details	03	
(Max marks- 21)	Addresses all important issues	03	
	Is selective	03	
	Use of proper English Grammar in the text	03	
Presentation Quality	Has a good design of presentation (appropriate font, type, size, color, matter per slide etc.)	03	
(Max marks-06)	Has a clear verbal expression and eye contact with audience	03	
Response to	Answers question(s) correctly	03	
questions	Has the ability to think on the spot	03	
(Max marks-09)	Shows an ability to defend content of presentation	03	
Time Management (Max. mark-05)	Completes the presentation within allocated time	05	
	Total Marks	50	

Note: In case of Oral Presentation, each student will be assessed in a 20 minutes time (15 min for presentation & 5 min for discussion) out of 50 marks.

Comments/Suggestions:

(Name and signature of Incharge)

(Head, Physiotherapy)

EVALUATION OF SEMINAR ON CLINICAL ISSUES PRESENTATION

MPT- Students has to prepare minimum 2 long case and 2 short cases during their seminar presentation during due course of time. The evaluation for internal seminar examination of 100 marks will be distributed:

Cases during clinical posting=45 marks.

Viva voce =50 marks Attendance=5 marks

		Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO	101	102	103	104	103	100	107	100	10)	1010	1011	1012	1501	1502	1505	1504	1505
CO1	2	3	3	2	3	2	3	1	2	1	-	-	3	2	3	3	2
CO2	3	3	3	3	2	2	3	2	1	3	-	-	2	2	3	2	3
CO3	3	3	3	3	2	2	3	2	1	3	-	-	3	2	2	2	3
CO4	3	3	3	3	2	2	3	2	1	3	-	-	2	3	2	2	3
CO5	3	3	3	3	2	2	3	2	1	3	-	-	3	2	3	3	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Attributes & SDGs Common for all branches / Disciplines

Attributes & SDGs Common for an orancies / Disciplines													
Course Code	Course Title				Attribut	es			SDGs No.				
PT505	SEMINAR ON CLINICAL	Emplo yability	Entrepre neurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics					
	ISSUES	1	√	√			1	√	3.4.9, 17				



Effective from Ses	Effective from Session: 2015-16													
Course Code	PT506	Title of the Course	CLINICAL POSTING	L	T	P	C							
Year	I	Semester	I	0	0	14	7							
Pre-Requisite	Nil	Nil Co-requisite Nil												
Course	Students will engage i	Students will engage in clinical practice in Physiotherapy departments in the musculoskeletal, neurology, cardiopulmonary,												
Objectives	sports settings to enha	nce their clinical skills ar	nd apply contemporary knowledge gained during teaching sess	sions.	_									

	Course Outcomes
CO1	To learn the punctuality and interaction with colleague and supporting staff during clinical training.
CO2	To develop assessment skills.
CO3	To develop appropriate treatment protocol.
CO4	To understand the importance of documentation of the case record and case presentation.
CO5	To develop discipline and improve overall quality of clinical work.

CLINICAL POTING ASSESSMENTN FORM

Name of Student:		Session:	
Enrolment Number:		Date:	
Name of Subject:	Clinical Posting	Subject code:	PT506
Topics:			

S. No.	Point to be Considered	Max. Marks	Marks Obtained
1.	Punctuality	5	
2.	Interaction with colleagues and supporting staff	5	
3.	Maintenance of case records	5	
4.	Presentation of case during rounds	5	
5.	Investigation work up	5	
6.	Bedside Manners	5	
7.	Rapport with patients	5	
8.	Treatment approach & technique	5	
9.	Discipline	5	
10.	Overall quality of clinical work	5	
	TOTAL SCORE	50	

(Name and signature of Incharge)

(Head, Physiotherapy)

GUIDELINES FOR CLINICAL TRAINING PROGRAM

The students of Post Graduate Physiotherapy program must spend above mentioned allotted time period in the hospital based clinical training for specified clinical experiences to meet the objectives of the training program. This period of practical and theoretical experience will enable the students to acquire competency and experience to perform as an independent practice and will enable to adjust to the real practical life in different units in the hospital settings.

S.No.	Program Name	Year/Semester	Duration of Training
1.		4 Months	
2.	MPT	Ist Year/ IInd Semester	4 Months
3.		IInd Year/ 3rd Semester	4 Months
4.		IInd Year/ 4th Semester	4 Months

By the successful completion of this clinical training period, the student is expected to fulfil the objectives of the program and will be examination as given below:

S.No.	Program Name	Year/Semester	Case file	Practical on Case	Voice/Viva	Attendance
1.		Ist Year/ Ist Semester		25 M- :-l		
2.	MDT	Ist Year/ IInd Semester	20 Marks	25 Marks	50 Marks	5 Marks
3.	MPT	IInd Year/ 3rd Semester	20 Marks	(1 Long Case and 2 Short Case)	50 Marks	
4.		IInd Year/ 4th Semester		Short Case)		

EVALUATION OF CLINICAL POSTING

MPT- Students has to prepare 1 long case and 2 short cases during their clinical posting. The evaluation for internal clinical examination of 100 marks will be distributed:

Cases during clinical posting=45 marks.

Viva voce =50 marks
Attendance=5 marks

		Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO	101	102	103	101	103	100	107	100	10)	1010	1011	1012	1501	1502	1503	1501	1505
CO1	2	3	3	2	3	2	3	1	2	1	-	ı	3	2	3	3	2
CO2	3	3	3	3	2	2	3	2	1	3	-	1	2	2	3	2	3
CO3	3	3	3	3	2	2	3	2	1	3	-	ı	3	2	2	2	3
CO4	3	3	3	3	2	2	3	2	1	3	-	ı	2	3	2	2	3
CO5	3	3	3	3	2	2	3	2	1	3	-	-	3	2	3	3	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

DOTE OF THE STATE	G 0 111 1 /D: : 11
Attributes & SDGs	Common for all branches / Disciplines

		1100112001	65 64 52 65	Common for un	DI WIII CII CO / DI	erprines			
Course Code	Course Title				Attribut	es			SDGs No.
DESO	CLINICAL DOCUME	Emplo	Entrepre	Skill	Gender	Environment &	Human	Professional	
PT506	CLINICAL POSTING	yability	neurship	Development	Equality	Sustainability	Value	Ethics	
		√	√	√	√		√	1	3,4,11



INTEGRAL UNIVERSITY, LUCKNOW

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF PHYSIOTHERAPY

MASTER OF PHYSIOTHERAPY (MPT) MUSCULOSKELETAL

SYLLABUS

YEAR/ SEMESTER: I/II



Effective from S	Session: 2022-	-2023					
Course Code	PT507	Title of the Course	MEDICAL & SURGICAL CONDITION	L	T	P	C
Year	I	Semester	II	3	1	0	4
Pre-Requisite	Nil	Co-requisite	Nil				
Course	Students wi	ll be able to know and r	evise the basic concept muscloskeletal, neurological, cardiopulmonary, sp	orts a	nd their	diagno	stic
Objectives	concepts.						

	Course Outcomes
CO1	To know the basic concept of disorder and condition of muscloskeletal conditions.
CO2	To know the basic concept of disorder and condition of neurological conditions.
CO3	To know the basic concept of disorder and condition of cardiopulmonary conditions.
CO4	To know the basic concept of disorder and condition of sports conditions.
CO5	To know the basic concept of disorder or condition of on the basis of diagnostic tolls.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	MUSCULOSKELETAL TRAUMA & DISORDERS	 Brief about Trauma of the Upper Limb, Trauma of the Lower Limb, Trauma of the Spine. Brief about Disorders of the Upper Lim, Disorders of the Lower Limb, Disorders of the Spine. Brief about Metabolic Disorders of the Bone. Brief about bone tumors. 	8	CO1
2	NEUROLOGICAL TRAUMA & DISORDERS	 Brief about Traumatic injury of brain & spinal cords. Brief about Traumatic injury of upper limb and lower limb nerve. Brief about disease of brain, spinal cord and nerves. Brief about disease neuromuscular disorders. 	8	CO2
3	CARDIOVASCULAR TRAUMA & DISORDERS	 Brief about Obstructive Pulmonary Diseases, restrictive Pulmonary Diseases. Brief about cardiovascular disorders. Brief about cardiovascular disease of new born and children. Brief about cardiothoracic surgeries'. 	8	CO3
4	SPORTS INJURIES	 Brief about common sports injuries (contact & non contact) of upper limb & lower limb. Brief about common sports injuries of head, spine chest and abdomen. Brief about Female athletes & their special concerns. Brief about disabled athletes and their special concerns. 	8	CO4
5	LABORATORY, IMAGING AND ELECTRO DIAGNOSTIC STUDIES	1. Laboratory and imaging studies used in musculoskeletal disease and trauma. 2. Laboratory, imaging studies and electro diagnostic studies used in neurological disease and trauma. 3. Laboratory and imaging studies used in cardiopulmonary disease. 4. Laboratory and imaging studies used in sports injuries.	8	CO5

Reference Books:

- 1. Current Diagnosis & treatment in Orthopaedics by Harry Skinner
- 2. Essential of Musculoskeletal Care by Walter Green
- 3. Orthopaedics Imaging A Practical Approach by Adam Greenspan
- 4. Principles of Neurology; Adam & Victor
- 5. Brain's Clinical Neurology. R Bannister
- 6. . Saunder's Mannual for Neurologic Practice. Randolf Evans, Elsevier
- 7. Starkey, C., & Ryan, J. L. Evaluation of Orthopedic and Athletic Injuries; F. A. Davis.
- 8. Arnheim, D. D, & Prentice, W. E. Principles of Athletic Training, 10th Ed. Brown & Benchmark.

 9. Principles and Practice of Medicine. Davidson

e-Learning Source:

- 4. https://youtu.be/Bt0aaxpDlTd8
- 5. https://youtu.be/Bt0axxrpDlTd8
- 6. https://youtu.be/hpwnnlr-ZHB0

						C	ourse A	rticula	tion Ma	trix: (Maj	pping of C	Os with l	POs and P	PSOs)				
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6
CO																		
CO1	3	2	1	-	-	1	1	-	1	-	-	-	3	3	1	1	-	3
CO2	3	3	-	-	-	1	1	-	1	-	-	-	3	3	1	1	-	3
CO3	3	3	3	1	2	2	1	1	1	-	-	-	2	3	1	1	-	3
CO4	-	-	2	-	2	2	2	-	-	-	-	-	1	2	2	-	-	-
CO5	2	3	3	1	3	3	1	-	-	-	-	1	3	3	2	-	-	2

		1100	I Dates et DE OB CO.	minom for the ort	arrenes / Disc				
Course Code	Course Title			At	tributes				SDGs
PT507	MEDICAL & SURGICAL	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	No.
	CONDITION	√		√			√	√	3,4



Effective from S	Session: 2015	-2016					
Course Code	PT508	Title of the Course	BIOMECHANICS AND KINESIOLOGY-I	L	T	P	C
Year	I	Semester	II	3	1	0	4
Pre-Requisite	Nil	Co-requisite	Nil				
Course	Students wi	ll be able to identify and	d apply principles of biomechanics while setting up individualized treatm	ent pro	otocols.	Follow	ing
Objectives	are the topic	es to be included but not	limited to:				

	Course Outcomes
CO1	Students must know about the concepts fundamental of mechanics and its implementation on human body.
CO2	Students must know about the concepts kinematics and kinetics and its implementation on human body.
CO3	Students must know about the concepts joint mechanics and its implementation on human body.
CO4	Students must know about the concepts Muscles, Ligament & Tendon Mechanics and its implementation on human body.
CO5	Students must know about the concepts measurement instruments and its implementation on human body.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	FUNDAMENTAL MECHANICS	1. Forces, Moments, Newton's Laws, Force Systems, Composition and Resolution of Forces, Static Equilibrium, Dynamic Equilibrium, Levers & its application, Pulley Systems, Density & Mass, Segmental Dimensions, Stress and Strain, Modulus of Rigidity and Modulus of Elasticity, Poisson's Effect, Strain Energy, Static and Cyclic Load Behaviours, Load, Load Sharing and Load Transfer. 2. Mechanical Energy, Work & Power: Definitions, Positive and Negative Work of Muscles, Muscle Mechanical Power, Causes of Inefficient Movement, Co- Contractions, Isometric Contraction against Gravity, Jerky Movement, Energy generation at one Joint and Absorption at another, Energy Flow, Energy Storage	8	CO1
2	KINEMATICS & KINETICS	 Kinematics: Types of Motion, Location of Motion, Magnitude of Motion, Direction of Motion, Angular Motion and Its Various Parameters, Linear Motion and Its Various Parameters, Projectile Motions. Kinetics: Definition of Forces, Force Vectors, Naming of Force, Force of Gravity & COG, Stability, Reaction Forces, Equilibrium, Linear Forces System, Friction and Its Various Parameters, Parallel Force Systems, Concurrent Force Systems, Work Powers & Energy, Moment Arms of Force, Force Components, Equilibrium of Force 	8	CO2
3	JOINT MECHANICS	1. Joint Mechanics: Joints and its classification, Joint Design, Joint Categories, Joint Functions, Arthrokinematics, Osteokinematics, Kinematic Chain, Joint Forces, Equilibrium & Distribution of These Forces, Degenerative Changes in Weight Bearing Joints & Compensatory Actions, Joint Stability & Its Mechanisms, Clinical Applications.	8	CO3
4	MUSCLES, LIGAMENT & TENDON MECHANICS	1. Structure & Composition of Muscle, Fiber Length & Cross Section Area, Mechanical Propertied, EMG Changes during Fatigue & Contraction, Changes in Mechanical Properties because of Ageing and Exercised & Immobilization, Clinical Applications of mechanics. Structure and Composition, Mechanical Properties, Cross Sectional Area Measurements, Muscle Tendon Properties, Temperature Sensitivity, Changes in Mechanical Properties because of Aging, Exercise and Immobilization, Mechanoreceptors, & Clinical Applications.	8	CO4
5	MEASUREMENT INSTRUMENTS	1. Goniometer, Accelerometer, Photo Optical Devices, Pressure Transducers & Force Plates, Gait Analyzer, Isokinetic Device, EMG, Electrophysiology of Muscle Contraction, Recording Processing, Relationship between EMG and Biomechanical Variables.	8	CO5

Reference Books:

- 1. Biomechanics & Clinical Kinesiology-Cynthia Norkin
- 2. Basic Biomechanics. Nordins.
- 3. Basic Biomechanics & clinical Kinesiology. Otis
- 4. Biomechanics of Human Movement. D Winter
- 5. Kinesiology: Application to Pathological Motion. GL Soderberg
- 6. Brunnstrom's Clinical Kinesiology. LK Smith, EL Weiss, LD Lehmkuhl

e-Learning Source:

- 1. https://www.youtube.com/watch?v=yoY9bYQOX8Q
- 2. https://www.youtube.com/watch?v=WoJyS7Nww38
- 3. https://www.youtube.com/watch?v=5LAmgw2tVDo
- 4. https://www.youtube.com/watch?v=JS06rSzWsYM
- 5. https://www.youtube.com/watch?v=rxX6Z1rv7TE

		Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO																	
CO1	1	1	1	1	1	1	2	2	-	-	-	-	3	1	1	2	1
CO2	3	3	2	2	2	2	2	2	-	-	1	-	3	1	1	2	1
CO3	2	3	3	1	2	2	1	1	-	1		-	3	3	2	2	1
CO4	3	3	3	1	2	2	1	1	-	-	-	-	3	3	2	2	1
CO5	3	2	3	3	2	2	2	3	-	-	-	-	3	3	2	1	1

Course Code	Course Title			At	tributes				SDGs
PT508	BIOMECHANICS AND	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	No.
	KINESIOLOGY-I	V	V	1			√	V	3,4,9



Effective from S	Session: 2015-	2016								
Course Code	PT509M	Title of the Course	PHYSIOTHERAPY-I (MUSCULOSKELETAL BASIC CONCEPTS AND TECHNIQUES)	L	T	P	C			
Year	I	Semester	II	3	1	0	4			
Pre-Requisite	Nil	il Co-requisite Nil								
Course	After the co	r the completion of course students must know about the assessment, evaluation of condition and treatments with the help of the								
Objectives	special tech	cial technique with different school of thought,								

Course	Course Outcomes							
CO1	To know the basic concept of human body like muscle, joints, ligaments, tendon, movement of the body.							
CO2	To know the basic concept of assessment, diagnostic procedure used in physiotherapy, disability evaluation.							
CO3	To know the basic concept of manual therapy of soft tissue mobilization, and its practical application in human body.							
CO4	To know the basic concept of manual therapy of joint mobilization, and its practical application in human body.							
CO5	To know the basic concept of manual therapy of soft tissue mobilization, stretching, neural mobilization and its practical aspects.							

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	BASIC CONCEPTS	 Properties of Dense connective tissues and would healing. Arthrology Recent advances in PT management of musculoskeletal disorders. Introduction to evidence based practice musculoskeletal rehabilitation. 	8	CO1
2	UNIT-II ASSESSMENT & DIAGNOSTIC PROCEDURES:	 Pain, Assessment theories and clinical application. Disability evaluation. Introduction to radiology and diagnostic imaging including X-ray, MRI, CT scan Colour, Doppler etc and its role in musculoskeletal rehabilitation. Fundamentals of Musculoskeletal examination-The topic will cover basic concepts of Physical examination of the patient with musculoskeletal dysfunction. Fundamental examination skills and knowledge will be covered, including issues related to screening, review of systems, history, physical examination and clinical decision-making 	8	CO2
3	INTRODUCTION TO MANUAL THERAPY	 Introduction to various manual therapy techniques. Soft tissue mobilization technique. Myofascial release technique. Positional Release technique. 	8	CO3
4	MANUAL THERAPY CONCEPTS AND TECHNIQUES I	 Maitland concepts and techniques Keltonborn's concepts and techniques Mulligan concepts and techniques McKenzie concepts and techniques. 	8	CO4
5	MANUAL THERAPY CONCEPTS AND TECHNIQUES II	 Muscle Energy techniques. Buttler concepts and techniques Cyriax concepts and techniques Stretching techniques 	8	CO5

Reference Books:

- 1. David J Magee Orthopedic physical assessment
- 2. S Brent brotzman. Kevin e wilk clinical orthopaedic rehabilitation
- 3. Kessler, management of common musculoskeletal disorders.
- 4. Positional Release technique- Leon Chaitou
- 5. Neurodynamics mobilization technique- Buttler.
- 6. Muscle Energy techniques- Leon Chaitou

e-Learning Source:

- 1. https://youtu.be/Bt0aaxpDlTd8
- https://youtu.be/Bt0axxrpDlTd8
 https://youtu.be/hpwnnlr-ZHB0

		Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO																	
CO1	3	1	2	1	2	1	1	-	-	-	-	-	1	1	1	2	1
CO2	1	3	3	1	3	2	2	-	-	-	-	-	3	2	2	2	3
CO3	3	3	3	1	2	1	1	-	-	-	-	-	1	1	3	1	2
CO4	3	3	3	3	3	1	2	2	-	-	-	-	3	3	3	2	2
CO5	3	3	3	3	3	1	2	2	-	-	-	-	3	3	3	2	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation **Attributes & SDGs**

Course Code	Course Title	Attributes							SDGs
PT509M	PHYSIOTHERAPY-I M	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	No.
		√	1	√			√	√	3,4,17



Effective from Session: 2015-16									
Course Code	PT510	Title of the Course	BIOMECHANICS AND KINESIOLOGY-I LAB	L	T	P	C		
Year	I	Semester	II	0	0	2	1		
Pre-Requisite	Nil	Co-requisite	Nil						
Course	Students wi	udents will be able to identify and apply principles of biomechanics while setting up individualized treatment protocols. Following							
Objectives	are the topic	the topics to be included but not limited to. This involves application of topics in demonstrations, field visits and case presentations							

	Course Outcomes
CO1	Students must know about the concepts fundamental of mechanics and its implementation on human body.
CO2	Students must know about the concepts kinematics and kinetics and its implementation on human body.
CO3	Students must know about the concepts joint mechanics and its implementation on human body.
CO4	Students must know about the concepts Muscles, Ligament & Tendon Mechanics and its implementation on human body.
CO5	Students must know about the concepts measurement instruments and its implementation on human body.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	FUNDAMENTAL MECHANICS	Practical Demonstration of fundamental mechanics & their application in human body.	6	CO1
2	KINEMATICS & KINETICS	Practical Demonstration of kinematics & kinetics & their application in human body.	4	CO2
3	JOINT MECHANICS	Practical Demonstration of joint mechanics & their application in human body.	4	CO3
4	MUSCLES, LIGAMENT & TENDON MECHANICS	Practical Demonstration of muscles, ligament & tendon mechanics & their application in human body.	6	CO4
5	MEASUREMENT INSTRUMENTS	Practical Demonstration of measurement instruments used in biomechanical aspects & their application in human body.	4	CO5

Reference Books:

Reference Books:

- 7. Biomechanics & Clinical Kinesiology-Cynthia Norkin
- 8. Basic Biomechanics. Nordins.
- 9. Basic Biomechanics & clinical Kinesiology. Otis
- 10. Biomechanics of Human Movement. D Winter
- 11. Kinesiology: Application to Pathological Motion. GL Soderberg

e-Learning Source:

- 6. https://www.youtube.com/watch?v=yoY9bYQOX8Q
- 7. https://www.youtube.com/watch?v=WoJyS7Nww38
- 8. https://www.youtube.com/watch?v=rxX6Z1rv7TE

		Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO																	
CO1	1	2	1	1	1	1	2	1	-	-	-	-	3	1	1	1	1
CO2	3	3	2	1	2	2	1	2	-	-	-	-	2	1	1	2	1
CO3	2	3	3	1	2	2	1	1	-	-	-	-	3	3	2	2	1
CO4	2	3	2	1	2	2	2	1	-	-	-	-	2	3	2	2	1
CO5	2	2	3	3	2	3	2	3	-	-	-	-	2	3	2	1	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation Attributes & SDGs

Course Code	Course Title		Attributes									
PT510	BIOMECHANICS AND	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	No.			
	KINESIOLOGY-I LAB	√	√	√			√	√	3,4,9			



Effective from S	Effective from Session: 2015-16									
Course Code	PT511M	Title of the Course	PHYSIOTHERAPY-I LAB (MUSCULOSKELETAL BASIC CONCEPTS AND TECHNIQUES)	L	Т	P	C			
Year	I	Semester	II	0	0	4	2			
Pre-Requisite	Nil	Co-requisite Nil								
Course	After the co	r the completion of course students must know about the assessment, evaluation of condition and treatments with the help of the								
Objectives	special tech	cial technique with different school of thought,								

Course	Course Outcomes							
CO1	To know the basic concept of human body like muscle, joints, ligaments, tendon, movement of the body.							
CO2	To know the basic concept of assessment, diagnostic procedure used in physiotherapy, disability evaluation.							
CO3	To know the basic concept of manual therapy of soft tissue mobilization, and its practical application in human body.							
CO4	To know the basic concept of manual therapy of joint mobilization, and its practical application in human body.							
CO5	To know the basic concept of manual therapy of soft tissue mobilization, stretching, neural mobilization and its practical aspects.							

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	BASIC CONCEPTS	Demonstration of evidence based procedures of: 1. Arthrology 2. Recent advances in PT management of musculoskeletal disorders.	8	CO1
2	UNIT-II ASSESSMENT & DIAGNOSTIC PROCEDURES:	Demonstration of Practical aspect of assessment & diagnostic procedures of Musculoskeletal disorders of: 1. Disability evaluation. 2. Fundamentals of Musculoskeletal examination-The topic will cover basic concepts of Physical examination of the patient with musculoskeletal dysfunction. Fundamental examination skills and knowledge will be covered, including issues related to screening, review of systems, history, physical examination and clinical decision-making	8	CO2
3	INTRODUCTION TO MANUAL THERAPY	Demonstration of Practical aspect of different manual therapy techniques and their application in Musculoskeletal disorders: 1. Soft tissue mobilization technique. 2. Myofascial release technique. 3. Positional Release technique.	8	CO3
4	MANUAL THERAPY CONCEPTS AND TECHNIQUES I	Demonstration of Practical aspect of different manual therapy techniques and their application in Musculoskeletal disorders: 1. Maitland concepts and techniques 2. Keltonborn's concepts and techniques 3. Mulligan concepts and techniques 4. McKenzie concepts and techniques.	8	CO4
5	MANUAL THERAPY CONCEPTS AND TECHNIQUES II	Demonstration of Practical aspect of different manual therapy techniques and their application in Musculoskeletal disorders: 1. Muscle Energy techniques. 2. Buttler concepts and techniques 3. Cyriax concepts and techniques 4. Stretching techniques	8	CO5

Reference Books:

- 1. David J Magee Orthopedic physical assessment
- 2. S Brent brotzman. Kevin e wilk clinical orthopaedic rehabilitation
- 3. Kessler, management of common musculoskeletal disorders.
- 4. Positional Release technique- Leon Chaitou
- 5. Neurodynamics mobilization technique- Buttler.
- 6. Muscle Energy techniques- Leon Chaitou

e-Learning Source:

- 1. https://youtu.be/Bt0aaxpDlTd8
- 2. https://youtu.be/Bt0axxrpDlTd8
- 3. https://youtu.be/hpwnnlr-ZHB0

		Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
CO																	
CO1	3	1	2	1	1	1	1	-	-	-	-	-	1	1	1	2	1
CO2	1	3	3	1	3	2	2	-	-	-	-	-	3	2	2	2	3
CO3	3	2	3	1	2	1	1	-	-	-	-	-	1	1	3	1	2
CO4	3	3	3	3	3	1	2	2	-	-	-	-	2	3	3	2	2
CO5	3	2	3	3	2	1	2	2	-	-	-	-	3	2	3	2	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation Attributes & SDGs

Course Code	Course Title		Attributes							
PT511M	PHYSIOTHERAPY-I	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	No.	
	LAB (M)	√	√	√			1	1	3,4	



Effective from Sessio	Effective from Session: 2015-16										
Course Code	PT512	Title of the Course	SEMINAR ON CLINICAL ISSUES	L	T	P	C				
Year	I	Semester	II	0	3	0	3				
Pre-Requisite	Nil	Co-requisite	Nil								
Course Objectives	This course will serve as a platform for students to integrate various components of patient management and debate contentious										

	Course Outcomes
CO1	The students will understand and interpret latest advancements through different technical papers, reports, Journals, Data sheets, books etc
CO2	The students will inculcate the skills for literature survey and will learn to manage resources effectively.
CO3	The students will be able to summarize the recent research and technologies in the form of review and will be able to deliver power pointpresentations on an assigned topic.
CO4	The students will be able to communicate his/her ideas with his peers as audience, which will enhance both oral and written communicationskills.
CO5	The students will be able to create interest to pursue lifelong learning.

SEMINAR PRESENTATION ASSESSMENTN FORM

Name of Student:		Session:	
Enrollment Number:		Date:	
Name of Subject:	Seminar on Clinical Issues	Subject code:	PT512
Topics:			

Criteria	Sub-Criteria	Max. Marks	Marks Obtained
Introduction	Use appropriate background information	03	
(Max marks-09)	Has clear statement of purpose	03	
(IVIAX IIIAIKS-09)	Shows a logical sequence	03	
	Includes accurate information	03	
	Shows up-to-date content	03	
Easteral Contant	Presents relevant content	03	
Factual Content	Shows in-depth and sufficient details	03	
(Max marks- 21)	Addresses all important issues	03	
	Is selective	03	
	Use of proper English Grammar in the text	03	
Presentation Quality	Has a good design of presentation (appropriate font, type, size, color, matter per slide etc.)	03	
(Max marks-06)	Has a clear verbal expression and eye contact with audience	03	
D	Answers question(s) correctly	03	
Response to questions	Has the ability to think on the spot	03	
(Max marks-09)	Shows an ability to defend content of presentation	03	
Time Management (Max. mark-05)	Completes the presentation within allocated time	05	
	Total Marks	50	

Note: In case of Oral Presentation, each student will be assessed in a 20 minutes time (15 min for presentation & 5 min for discussion) out of 50 marks.

Comments/Suggestions:

(Name and signature of Incharge)

(Head, Physiotherapy)

EVALUATION OF SEMINAR ON CLINICAL ISSUES PRESENTATION

MPT- Students has to prepare minimum 2 long case and 2 short cases during their seminar presentation during due course of time. The evaluation for internal seminar examination of 100 marks will be distributed:

Cases during clinical posting=45 marks.

Viva voce =50 marks Attendance=5 marks

			Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5	
	CO	101	102	103	104	103	100	107	100	10)	1010	1011	1012	1501	1502	1503	1504	1503
	CO1	2	3	3	2	3	2	3	1	2	1	-	-	3	2	3	3	2
	CO2	3	3	3	3	2	2	3	2	1	3	-	-	2	2	3	2	3
	CO3	3	3	3	3	2	2	3	2	1	3	-	ı	3	2	2	2	3
	CO4	3	3	3	3	2	2	3	2	1	3	-	ı	2	3	2	2	3
	CO5	3	3	3	3	2	2	3	2	1	3	-	ı	3	2	3	3	2

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Attributes & SDGs Common for all branches / Disciplines

		Attribut	es a spus	Common for an	branches / Dis	cipines			
Course Code Course Title Attributes								SDGs No.	
PT512	SEMINAR ON CLINICAL	Emplo yability	Entrepre neurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	ı
	ISSUES	√	√ .	v.	1		1	√	3.4.11



Effective from Ses	Effective from Session: 2015-16									
Course Code	PT513	Title of the Course	CLINICAL POSTING	L	T	P	C			
Year	II	Semester	III	0	0	14	7			
Pre-Requisite	Nil	Co-requisite	Nil							
Course	Students will engage i	Students will engage in clinical practice in Physiotherapy departments in the musculoskeletal, neurology, cardiopulmonary,								
Objectives	sports settings to enhan	nce their clinical skills ar	nd apply contemporary knowledge gained during teaching sess	sions.	_					

	Course Outcomes
CO1	To learn the punctuality and interaction with colleague and supporting staff during clinical training.
CO2	To develop assessment skills.
CO3	To develop appropriate treatment protocol.
CO4	To understand the importance of documentation of the case record and case presentation.
CO5	To develop discipline and improve overall quality of clinical work.

CLINICAL POTING ASSESSMENTN FORM

Name of Student:		Session:	
Enrolment Number:		Date:	
Name of Subject:	Clinical Posting	Subject code:	PT513
Topics:			

S. No.	Point to be Considered	Max. Marks	Marks Obtained
1.	Punctuality	5	
2.	Interaction with colleagues and supporting staff	5	
3.	Maintenance of case records	5	
4.	Presentation of case during rounds	5	
5.	Investigation work up	5	
6.	Bedside Manners	5	
7.	Rapport with patients	5	
8.	Treatment approach & technique	5	
9.	Discipline	5	
10.	Overall quality of clinical work	5	
_	TOTAL SCORE	50	

(Name and signature of Incharge)

(Head, Physiotherapy)

GUIDELINES FOR CLINICAL TRAINING PROGRAM

The students of Post Graduate Physiotherapy program must spend above mentioned allotted time period in the hospital based clinical training for specified clinical experiences to meet the objectives of the training program. This period of practical and theoretical experience will enable the students to acquire competency and experience to perform as an independent practice and will enable to adjust to the real practical life in different units in the hospital settings.

S.No.	Program Name	Program Name Year/Semester			
5.		Ist Year/ Ist Semester	4 Months		
6.	MPT	Ist Year/ IInd Semester	4 Months		
7.	IVIF I	IInd Year/ 3rd Semester	4 Months		
8.		IInd Year/ 4th Semester	4 Months		

By the successful completion of this clinical training period, the student is expected to fulfil the objectives of the program and will be examination as given below:

S.No.	Program Name	Year/Semester	Case file	Practical on Case	Voice/Viva	Attendance
5.		Ist Year/ Ist Semester		05 M1		
6.	MPT	Ist Year/ IInd Semester	20 Marks	25 Marks (1 Long Case and 2 Short Case)	50 Marks	5 Marks
7.	MIPI	IInd Year/ 3rd Semester	20 Marks			3 Marks
8.		IInd Year/ 4th Semester		Short Case)		

EVALUATION OF CLINICAL POSTING

MPT- Students has to prepare 1 long case and 2 short cases during their clinical posting. The evaluation for internal clinical examination of 100 marks will be distributed:

Cases during clinical posting=45 marks.

Viva voce =50 marks
Attendance=5 marks

	1 Itteriau	1100	111641 110															
			Course Articulation Matrix: (Mapping of COs with POs and PSOs)															
	PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PO9	PO10	PO11	PO12	PSO1	PSO2	PSO3	PSO4	PSO5
	CO																	
	CO1	2	3	3	2	3	2	3	1	2	1	-	-	3	2	3	3	2
	CO2	3	3	3	3	2	2	3	2	1	3	-	-	2	2	3	2	3
	CO3	3	3	3	3	2	2	3	2	1	3	-	-	3	2	2	2	3
	CO4	3	3	3	3	2	2	3	2	1	3	-	-	2	3	2	2	3
Г	CO5	3	3	3	3	2	2	3	2	1	3	-	_	3	2	3	3	2

2- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Attributes	& SDG	s Common	for all l	branches /	Disciplines

Course Code	Course Title	Attributes S									
PT513	CLINICAL POSTING	Employability	Entrepreneurship	Skill Development	Gender Equality	Environment & Sustainability	Human Value	Professional Ethics	No.		
1 1313		1	√	1	√		√	1	3,4,11		