



INTEGRAL UNIVERSITY

INTEGRAL INSTITUTE OF ALLIED HEALTH SCIENCES & RESEARCH

DEPARTMENT OF ALLIED & HEALTHCARE SCIENCES

TIME TABLE FOR ODD SEMESTER SESSION 2026-27

BACHELOR OF NUTRITION AND DIETETICS (BND) I YEAR/ I SEMESTER

Venue: LT-1, 2nd Floor, F-block, Phase-IV

w.e.f.: 01/08/2026

Day	1 09:00 - 09:50	2 09:50 - 10:40	3 10:40 - 11:30	4 11:30 - 12:20	12:20-01:30	5 01:30 - 02:20	6 02:20 - 03:10	7 03:10 - 04:00
Monday	Computer literacy BND106 (L) CS_NF1	SDL/Library	Human Anatomy and Physiology BND102 (L) Ms. Sarita Iraj	Environmental Science BND104 (L) NF	LUNCH BREAK	Fundamentals of Nutrition BND101 (L) Mrs. Kalpana Singh	Indian Knowledge System on Foods ND105 (L) Ms. Shabnam Janhan	SDL/Library
Tuesday	Fundamentals of Nutrition BND101 (L) Mrs. Kalpana Singh	SDL/Library	Environmental Science BND104 (Lab) NF	Environmental Science BND104 (L) NF		SDL/Library	Computer literacy BND106 (L) CS_NF1	SDL/Library
Wednesday	Human Anatomy and Physiology ND102 (L) Ms. Sarita Iraj	SDL/Library	Basics of Food Science BND103 (Lab) New Faculty	Basics of Food Science BND103 (L) New Faculty		SDL/Library		
Thursday	Human Anatomy and Physiology ND102 (T) Ms. Sarita Iraj	Environmental Science BND104 (T) NF	SDL/Library	Fundamentals of Nutrition BND101 (T) Mrs. Kalpana Singh		Basics of Food Science BND103 (L) New Faculty	Fundamentals of Nutrition BND101 (Lab) Mrs. Kalpana Singh	
Friday	English for Communication BND107 (L) F120 Ms. Ambreen CS_NF1	SDL/Library	Basics of Food Science BND103 (T) New Faculty	SDL/Library		SDL/Library	Human Anatomy and Physiology Lab BND102 Ms. Sarita Iraj	
Saturday	Indian Knowledge System on Foods ND105 (T) Ms. Shabnam Janhan	Environmental Science BND104 (T) NF	SDL/Library	English for Communication BND107 (L) F120 Ms. Ambreen				

BND101	Fundamentals of Nutrition (L) & (Lab) - (4 Hours)	BND102	Human Anatomy and Physiology (L) & (Lab) - (4 Hours)	BND103	Basics of Food Science (L) - & (Lab) - (4 Hours)	ND104	Environmental Science (L) & (Lab) - (4 Hours)
BND105	Indian Knowledge System on Foods (L) - (2 Hours)	BND306	Computer literacy - (2 Hours)	BND 307	English for Communication - (2 Hours)		

Sarita Iraj

Ms. Sarita Iraj
In-charge, B.Sc. ND

M. Kalpana

Mr. Mojahidul Islam
Head, Allied and Healthcare Sciences
Mojahidul Islam

Cc To,

1. Hon'ble Addl. Pro Chancellor, IU

2. Dean, FoMHS

Department of Allied And Healthcare Sciences
Integral University, Lucknow

4. All Concern Faculty Members

5. Notice board
Integral Institute of Allied Health Sciences & Research

Prof. (Dr.) Ashfaq Khan
Director, IIAHSR & IINSR

Prof. (Dr.) Ashfaq Khan
Director board
Integral Institute of Allied Health Sciences & Research