



Integral Institute of Medical Sciences & Research
Integral University, Lucknow

Ref. No:- IIMS&R/DO/2021/178

MBBS FOUNDATION COURSE (BATCH- 2020-21)

Date & Day	Time	Activity	Speaker
27 th January 2021 Wednesday	10:00-11:00	Welcome address	Dr. Mohd. Zafar Idris , Dean/Director, IIMSR
	11:00-11:30	Tea break	
	11.30-12.00	Code of Conduct and Ethics of Integral University	Prof. (Dr.) Monowar Alam Khalid Dean Student Welfare
	12:00 -1:00	MBBS program- Foundation course, Attendance & Assessment criteria, Skill requirements and certifications	Prof. Saurabh Kashyap Dept. Of Community Medicine
	1:00-2:00	Lunch	
	2:00-2:30	University rules and regulations- Anti-Ragging rules, Provost names & contact details, hostel rules & regulations	Prof. T. Usmani, Proctor
	2:30-5:00	Virtual tour of Integral University	Medical Education Unit
28 th January 2021 Thursday	9:00-9:20	Medical facilities available at IIMSR (20 minutes)	Prof. M.N. Siddiqui, Director- Hospital, IIMSR
	9:20-9:50	Research opportunities and Scholarships (30 minutes)	Mr. Kidwai
	9:50-10:05	Sports facilities (15 minutes)	Prof. Dhananjay Tiwari, Dept. Of Biochemistry
	10:05-10:20	Post MBBS opportunities (15 minutes)	Dr. Tanveer Alam, Dept. of Physiology
	10:20-10:30	Alumni Speech (5 minutes each)	Interns- Shuja & Shreya
	10:30-11:00	Library facilities, IU website, student portal (30 minutes)	Ms. Atiqa Khurshid, Librarian
	11:00 -12:00	Brief History of Medicine (60 minutes)	Prof. Mukul Kumar Saxena, Coordinator, MEU
	12:00-1:00	Introduction to integration & alignment of pre, para & clinical dept.	Prof. Saurabh Kashyap, Dept. of Community Medicine
	1:00-2:00	Lunch	
	2:00-3:00	Academic Calendar	Prof. Saurabh Kashyap, Dept. of Community Medicine
3: 00-5:00	Medical profession & physician's role in society (120 minutes)	Prof. S. Mehrotra, Dept. of Medicine	
29 th January 2021 Friday	9:00-10:00	Principles and elements of primary health care (60 minutes)	Dr Islam Arfin, Dept. of Community Medicine
	10:00-10:30	Universal Infection precautions– (30 minutes)	Dr. Shilpi Srivastava, Microbiology / Prof. Mukul Saxena, Surgery
	10:30-11:00	Basics of Immunisation	Prof. Saurabh Kashyap, Dept. of Community Medicine
	11:00-12:00	Patient and biohazard safety - (60minutes)	Prof. Dr. Sana Jamali, Dept. of Microbiology
	12:00-12:30	Health care system & its delivery (30 minutes)	Dr. Islam Arfin, Dept. of Community Medicine
	12:30-1:00	National health priorities and policies (30 minutes)	Prof. Deepak Chopra, Community Medicine

Prof. Dr. Saurabh Kashyap
Dy. Coordinator, MEU

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	1:00-2:00	Lunch	
	2:00-3:00	Medical ethics, attitude and professionalism	Prof. S. Mehrotra, Dept. of Medicine
	3:00-3:30	Academic ambience –(30 minutes)	Prof. M.A. Khalid (Head, Environmental Science)
	3:30-5:30	Alternate health systems in the country: Unani, Ayurveda, Homeopathy & Yoga	Guest Lecturers
30 th January 2021 Saturday	9:00-11:00	Hand washing skills- (120 minutes)	Prof. Saurabh Kashyap, Dept. of Community Medicine
	11:00-12:00	Health care as a right	Prof. Dr. Mukul Saxena, Dept. of Surgery
	12:00-1:00	What can a Medical Student expect?--Society & Nation, Institution, teachers, peers and colleagues & Patients – (60 minutes)	Prof. Charu Singh, Dept. of ENT
	1:00-2:00	Lunch	
	2:00-3:00	Doctor Patient Relationship	Prof. Pradeep Tandon, Dept. of Pathology
	3:00-4:00	Value of integrity and honesty towards medical profession	Prof. Dr. Mukul Saxena, Dept. of Surgery
1 st February 2021 Monday	9:00-10:00	Practice of Blood donation including ethical implications	Dr. Siddharth S. Sinha, Dept. of Pathology
	10:00-10:30	Concept of Body Donation including ethical implications	Prof. Mahboobul Haq, Dept. of Anatomy
	10:30-11:30	Human Milk Banking/Milk donation including ethical implications	Prof. Arshiya Khan, Dept. of OBG
	11:30-12:00	Concept of Organ donation including ethical implications	Prof. Rubie Malhotra, Ophthalmology & Dr Imtiyaz Ahmad , Surgery
	12:00-1:00	Importance of Autopsy in professional development	Dr Neelesh Shakya, Dept. of Forensic Medicine
	1:00-2:00	Lunch	
	2:00-3:00	Role of primary health care/family physician (60 minutes)	Prof. Dr Siraj Ahmad , Dept. of Community Medicine
	3:00-4:00	General and community based care (60 minutes)	Dr. Anas Ahmad Khan, Dept. of Community Medicine

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Date & Day	Time	Activity	Speaker
		Inaugural Ceremony : (Venue- Central Auditorium, Integral University)	
2 nd February 2021 Tuesday	9:00-10:00	Student Registration	
	10:00-11:00	Welcome address	Prof. (Dr.) Aqil Ahmad, Vice Chancellor (Act.)
		About Integral University	Dr. Syed Nadeem Akhtar, Pro Chancellor
		Address by Hon'ble Chancellor, Integral University	Prof. Syed Waseem Akhtar Honorable Chancellor
		Vote of Thanks	Dr. Mohd. Zafar Idris Dean/Director, IIMS&R
	11:00-11:30	Introduction of Head of departments of phase-1 (Anatomy, Physiology, Biochemistry, Community Medicine)	Dr. Prerna Gupta, Dept. of Anatomy
	11:30-12:30	Introduction of students	
	12:30-1:00	Library visits	Ms Atika Khurshid, Librarian
	1:00-2:00	Lunch	
	2:00-3:00	Community based learning	Dr. Adnan K. Lodi (Head, Dept of education)
3:00-5:30	Enrolment, batch allotment & orientation for language/computer class	Dept. of language & Dept. of computer science	
3 rd February 2021 Wednesday	9:00-10:00	Relating to Patient's experience of the Disease (60 minutes)	Prof. Dr Mukul Saxena, Dept. of Surgery
	10:00-11:00	Common Health Problems in India (60 minutes)	Dr. Saurabh Shukla,, Community Medicine
	11:00-1:00	Visit to sports ground and university campus	Mr. Zafar, Sports Incharge & Prof. Dhananjay, Biochem.
	1:00-2:00	lunch	
	2:00-3:30	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:30-4:30	Computer skills – How to work in MS Word- (Batch A + B)	Dept. of Computer Science & Engineering
	4:30-5:30	Sports/Yoga	Yoga Instructor
4 th February 2021 Thursday	9:00-11:00	Group dynamics	Dr. Adnan K. Lodi (Head, Dept. of Education)
	11:00-1:00	Professional communication skills- (120 minutes)	Dr. Tariq Faraz (Dept. of Languages)
	1:00-2:00	Lunch	
	2:00-3:30	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:30-4:30	Computer skills – How to work in MS Word- (Batch A + B)	Dept of Computer Science & Engineering	

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	4:30-5:30	Sports/Yoga	Yoga Instructor
5th February 2021 Friday	09:00-11:00	Interpersonal relationships – (skilled based) (120 minutes)	Dr. Adnan K. Lodi (Head, Dept of education)
	11:00-12:00	Sharps and Needle stick injuries-Prevention & Management	Dr. Ajay Verma, Dept. of Surgery
	12:00-1:00	Immunization requirements of health care professionals-(60 minutes)	Dr. Anas Ahmad Khan, Community Medicine
	1:00-2:00	Lunch	
	2:00-3:30	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:30-4:30	Computer skills – How to work in MS Word- (Batch A + B)	Dept. of Computer Science & Engineering
	4:30-5:30	Sports/Yoga	Yoga Instructor
6th February 2021 Saturday	9:00-11:00	Working within a health care team- (60 minutes)	Dr. Maryam Khwaja, Dept. of Community Medicine
	11:00-01:00	Exposure to Medical Record Department- in batches	MRD
	1:00-2:00	Lunch	
	2:00-3:30	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:30-4:30	Computer skills – How to work in MS Word -(Batch A + B)	Dept. of Computer Science & Engineering
	4:30-5:30	Sports/Yoga	Yoga Instructor
8th February 2021 Monday	9:00-11:00	Movie on professional Behaviour	Medical Education Unit
	11:00-1:00	Movie on First Aid & BLS	
	1:00-2:00	Lunch	
	2:00-3:30	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:30-4:30	Computer skills – How to work in MS Excel- (Batch A + B)	Dept. of Computer Science & Engineering
	4:30-5:30	Sports/Yoga	Yoga Instructor
9th February 2021 Tuesday	9:00-10:00	Importance of Nutrition	Dietician
	10:00-1:00	Group learning	Dr. Adnan K. Lodi (Head, Dept. of Education)
		Learning strategies	
		Learning pedagogy	
		Self-directed learning	
		Peer assisted learning	
1:00-2:00	Lunch		

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	2:00-3:30	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:30-4:30	Computer skills- How to work in MS Excel – (Batch A + B)	Dept. of Computer Science & Engineering
	4:30-5:30	Sports/Yoga	Yoga Instructor
10th February 2021 Wednesday	9:00-10:00	Population explosion & Medical care-(60 minutes)	Dr. Suhail Ahmad Khan, Dept. of Comm. Medicine
	10:00-11:00	Use of information technology in medicine-Lecture	Prof. M.Z. Idris, Dean/Director, IIMS R
	11:00-1:00	Biomedical waste management	Prof. Dr. Sana Jamali, Dept. of Microbiology
	1:00-2:00	Lunch	
	2:00-4:00	Essay writing competition	Prof. Kauser Sayeeda & Dr. Prerna Gupta
	4:00-5:00	Sports/Yoga	Yoga Instructor
	11th February 2021 Thursday	9:00-10:00	Functioning as part of a health care team (60 minutes)
10:00-1:00		GP1: BLS (skill training)	Dr. Tanushree Srivastava, Anaesthesia
		GP2: First Aid – School of Nursing-(skill training)	Mr. A. Khan
		GP3: OPD	Dr. Qasim / Dr. Saksham, Dept. Of comm. medicine
		GP4: ICTC	Prof. Deepak Chopra Dept. of Community Medicine
1:00-2:00		Lunch	
2:00-3:30		Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:30-4:30	Computer skills – How to work in MS Excel -(Batch A + B)	Department of Computer Science & Engineering	
4:30-5:30	Sports/Yoga	Yoga Instructor	
12th February 2021 Friday	9:00-10:00	Respect for patient's modesty	Prof. Dr. Mukul Saxena, Dept. of Surgery
	10:00- 1:00	GP2: BLS- skill training	Dr. Tanushree Srivastava, Anaesthesia
		GP3: First Aid- School of Nursing -(skill training)	Mr. A. Khan
		GP4: OPD	Dr. Qasim / Dr. Saksham, Community Medicine
		GP1: ICTC	Prof. Deepak Chopra Dept. of Community Medicine
	1:00-2:00	Lunch	
	2:00-3:30	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:30-4:30	Computer skills - How to prepare a power point presentation – (Batch A + B)	Dept. of Computer Science & Engineering	
4:30-5:30	Sports/Yoga	Yoga Instructor	

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13th February 2021 Saturday	9:00-10:00	e-world pros and cons	Dr Sandeep Naik, Dept. of Computer Application
	10:00-1:00	GP3: BLS--(skill training)	Dr. Tanushree Srivastava, Anaesthesia
		GP4: First Aid - School of Nursing (skill training)	Mr. A. Khan
		GP1: OPD	Dr. Qasim / Dr. Saksham, Dept. Of Comm. Medicine
		GP2: ICTC	Prof. Deepak Chopra, Dept. of Community Medicine
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:00-4:00	Computer skills - How to prepare a power point presentation – (Batch A + B)	Dept. of Computer Science & Engineering	
4:00-5:00	Sports/Yoga	Yoga Instructor	
15th February 2021 Monday	9:00-10:00	Confidentiality in patient care	Prof. Sudhir Mehrotra, Gen. Medicine
	10:00-1:00	GP4: BLS--(skill training)	Dr. Tanushree Srivastava, Anaesthesia
		GP1: First Aid - School of Nursing (skill training)	Mr. Farzand Ali, Principal, Nursing
		GP2: OPD	Dr. Qasim / Dr. Saksham, Comm. Medicine
		GP3: ICTC	Prof. Deepak Chopra, Community Medicine
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
3:00-4:00	Computer skills – How to prepare a power point presentation –(Batch A + B)	Dept. of Computer Science & Engineering	
4:00-5:00	Sports/Yoga	Yoga Instructor	
16th February 2021 Tuesday	9:00-10:00	Healthy life style, Proper sleep and Mobile Use	Dr. Azhar Mahmood, Dept. of Psychiatry
	11:00 – 1:00	Hospital Tour in (Batch- A+B) Batch	Medical Superintendent
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills –File managements skills- (Batch A + B)	Dept. of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
17th February 2021 Wednesday	9:00-10:00	Youth Psychology – (60 minutes)	Dr. Adnan K. Lodi (Head, Dept. of Education)
	10:00 – 11:00	Poster making on Breast Feeding	Dr. Qasim, Dept. of Community Medicine
	11:00 – 1:00	Hospital Tour in (Batch- C + D) Batch	Medical Superintendent

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	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – Electronic textbook/Journal journal (Batch A + B)	Dept. of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	Yoga Instructor
18th February 2021 Thursday	9:00-10:00	Air, water, vector borne infections-(60 minutes)	Dr Mohd. Suhail Khan, Community Medicine
	10:00-10:40	Community based learning	(Dept. of Education)
	10:40-11:20	Use of online resources	
	11:20-11:30	Simulation based learning	
	11:30-12:10	Assessment driven learning	
	12:10-1:00	Learning from patients and other members of the health care team	Prof. Dr Mukul Saxena, Dept. of Surgery
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – Effective Database search (Batch A + B)	Dept. of Computer Science & Engineering
04:00-5:00	Sports/Yoga	Yoga Instructor	
19th February 2021 Friday	9:00-01:00	Time management- Skill based	Prof. Ashraf Rizvi
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – Use of Email (Batch A + B)	Dept. of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
20th February 2021 Saturday	9:00-10:00	Hospital infection control program-(60 minutes)	Prof. Manzoor Ahmad, Microbiology
	10:00-01:00	Stress management- Skill based	Dr. Azhar Farooqui (Psychiatry) +
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – Basics of SPSS (Batch A + B)	Dept. of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
22th February 2021	9:00-01:00	Visit to CHC	Dr. Qasim Huda Khan, Community Medicine

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Monday	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – How to use SPSS for research (Batch A + B)	Dept. of Computer Science & Engineering
	4:00-5:00	Sports/Yoga	Yoga Instructor
23rd February 2021 Tuesday	9:00-01:00	Visit to CHC	Dr. Qasim Huda Khan, Community Medicine
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills – Making e portfolios (Batch A + B)	Dept. of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	
24th February 2021 Tuesday	9:00-01:00	Communication with patients & families	Prof. Dr. Mukul Saxena, Surgery
	1:00-2:00	Lunch	
	2:00-3:00	Local language training programme (Hindi) – (Batch A)	Mrs. Ranjana Srivastava
		English language training programme – (Batch B)	Dr. Hafiz M. Arif, HOD, Dept. of Languages
	3:00-4:00	Computer skills —Making e portfolios (Batch A + B)	Dept. of Computer Science & Engineering
4:00-5:00	Sports/Yoga	Yoga Instructor	

Colour Coding

	Orientation = 30 hours
	Enhancement of language/ Computer Skills = 40 hours
	Sports and Extra Curricular Activities = 22 hours
	Skills Module = 35 hours
	Professional development including ethics = 40 hrs
	Field visit to Community health centre = 8 hours

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