



INTEGRAL INSTITUTE OF MEDICAL SCIENCES & RESEARCH, INTEGRAL UNIVERSITY, LUCKNOW
(Revised) FOUNDATION COURSE - MBBS BATCH 2022-23

Date	Day	9-10 AM	10-11 AM	11-12 AM	12-1 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM	
15-11-2022	Tuesday	<p>9 to 10 Assembling of students in central Auditorium with Attendance 10:00 to 10:10 Welcome address 10:10 to 10:20 Address by 10:20 to 10:30 Address by 10:30 to 10:40 Address by 10:40 to 11.00 Charak Shapath Ceremony 11.00 Vote of Thanks 12.00 to 1:00 Vote of thanks</p>				<p>Dean, IIMSR Controller of Examination OSD to Chancellor Executive Director, IIMSR, IIAHSR, IINSR Medical Education Unit, IIMSR Dean Student Welfare Coordinator, MEU</p>	LUNCH	<p>FC 1.7 MBBS Curriculum & Foundation Course details Dr. Rubie/Dr. Pooja (Coordinator, MEU)</p>	<p>FC. 1 .5 Welcome and Introduction by institutional heads (HODs, Phase-1) (Anatomy, Biochemistry, Physiology & Community Medicine)</p>	
16-11-2022	Wednesday	<p>FC. 1.6 - Academic ambience Prof. (Dr.) Monowar Alam Khalid</p>	<p>FC 1.6 - Future Career opportunities , post MBBS Dr. B.S. Arora (Medical Suptd.)</p>	<p>FC 1.8 Health care system Dr. Syed Belal Hassan (Dy. Medical Suptd.)</p>	<p>FC 1.4 - Antiragging rule, hostel rules and regulation, provost and mentors' names Dr. Quazi S. Ahmad (Pharmacology)</p>	LUNCH	<p>FC 1.5 Virtual tour of IIMSR (Video) Dr. M. Haque / Dr. Roshan Alam</p>	<p>FC 1.10- History of medicine Dr. Mukhtar Ahmad (Medicine)</p>		
17-11-2022	Thursday	<p>FC 1.8- Healthy Lifestyle Dr. Jaya Gupta (ENT)</p>	<p>FC 1.8 Principle of primary care Dr. Samreen Khan (PSM)</p>	<p>FC 1.8 Organ donation Dr. Pankaj Kumar (Surgery)</p>		LUNCH	<p>FC 1.9 Principal of Family practice Dr. Saurabh Shukla (PSM)</p>		<p>Sports Dr. Zafar, Sport Incharge</p>	
18-11-2022	Friday	<p>FC 1.8, Blood donation Dr. Juhi Chauhan (Pathology)</p>	<p>FC 1.4 Introduction to various committees Prof. T. Usmani, (Proctor, IU)</p>	<p>FC 1.5 -Introduction to administrative staff & non-teaching staff Dr. B.S. Arora / Dr. Syed Belal Hassan (Medical Suptd / Dy. Medical Suptd.)</p>		LUNCH	<p>FC 1.3 Expectation of the students from Nation, Society, Institutions, colleagues and peers Dr. Megha (Pathology)</p>	<p>FC 1.8, Importance of nutrition Dr. Mohd. Tauseef Khan (Medicine)</p>	<p>Sports Dr. Zafar, Sport Incharge</p>	
19-11-2022	Saturday	<p>FC 1.2 Roles of an Indian Medical Graduate Dr. Vishal Parmar (Medicine)</p>	<p>FC 1.3 Introduction to Medical Profession Prof. Abha Chandra (Dean, IIMSR)</p>		<p>FC 1.1 Physician's role in society Dr. R.K Khare (Medicine)</p>	LUNCH	<p>Sport & Extracurricular activities Dr. Zafar, Sports Incharge</p>			
20-11-2022	Sunday	Sunday								

Date	Day	9-10 AM	10-11 AM	11-12 AM	12-1 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
21-11-2022	Monday	FC 2.2 FIRSTAID (Principal Nursing School)			FC2.3 Types of infection – air water vector borne, hospital. / Bio-safety and universal precautions Dr. Siraj Ahmad (PSM)	LUNCH	FC 5.3 Demonstrate ability to communicate and learn in English (HOD, Dept. of language)		F.1 .1 Reason for spread Pandemic Management Dr. Pradeep Kumar Tiwari (PSM)
22-11-2022	Tuesday	FC 3.3, 3.4 & 3.5 Visit to CHC (HOD, Dept. of Community Medicine)				LUNCH	FC 5.4 Computer Skills Introduction to MS office & - Creating Animations, Using Special Transition Effects in Presentation- (Dept. of Computer Science & Engineering)		F.1 .1 History of Pandemic Management Dr. Sandeepika Dubey (Microbiology)
23-11-2022	Wednesday	FC 5.4 literature search and accessing online resources (Ms. Atiqah Khurshid, Librarian)	FC 2.5 Hand wash & sanitation (Role play) Dr. Abhishek Tiwari (Anesthesiology)			LUNCH	FC 5.5 Introduction to Search engines and its different flavors, keyword specific searches. Searching of medical Databases. Dr. Ausaf Ahmad (PSM)		Sports Dr. Zafar, Sport Incharge
24-11-2022	Thursday	FC 2.7 Waste treatment plant (Videos) Dr. Meenakshi Sharma (Microbiology)	FC 2.8 Immunization requirements of Health care professionals Dr. Deepak Chopra (PSM)			LUNCH	FC 2.4 Concepts of Biohazards and Infection control programs Dr. Noor Jahan (Microbiology)		(Yoga & Meditation) (Yoga Instructor)
25-11-2022	Friday	FC 2.7 Definition of biomedical wastes / Segregation and disposal of waste and different types of waste generated in a health care facility Dr. Tasneem Siddiqui (Microbiology)	FC 2.6 needle stick injury Dr. Kapil Rastogi (Anesthesiology)	FC 2.9 Research Methodology & its Ethical Aspects Dr. Debashish Pandit (PSM)		LUNCH	FC 5.2 Demonstrate use of local language (Hindi) in patient and peer interactions, / (Techno Teacher)		Sports Dr. Zafar, Sport Incharge
26-11-2022	Saturday	FC 2.9 Documentation of Medical Records (in six batches) (Incharge MRD)				LUNCH	FC 2.9 Visit to Hospital (in six batches) (Medical Superintendent / Dy. Medical Suptd.)		
27-11-2022	Sunday	Sunday							

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Date	Day	9-10 AM	10-11 AM	11-12 AM	12-1 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
28-11-2022	Monday	FC 3.2 national health scenario, demographic, socio-cultural and epidemiological issues Dr. Bhanu Pratap Singh (PSM)	FC 3.1 National health goals & policies Dr. Arshiya Khan (OBG)	FC4.3 Doctor Patient relationship Dr. Amitesh Pathak (Anaesthesiology)		LUNCH	FC 5.5 A study of search engines for medical sciences. Trusted medical Journals and books search. Dr. Ausaf Ahmad (PSM)		Sports Dr. Zafar, Sport Incharge
29-11-2022	Tuesday	FC 2.1 BLS/ALS (HOD, Dept. of Anesthesiology)			FC2.4 Infective and non- infective body fluids Dr. Meenakshi Sharma (Microbiology)	LUNCH	FC 5.4 Computer Skills Introduction to Information Technology its impact in the field of Medical Sciences. & - E-World – Pros & Cons on cybercrime (Dept. of Computer Science & Engineering)		Sports Dr. Zafar, Sport Incharge
30-11-2022	Wednesday	FC4.2 Youth Psychology Dr. Adnan K. Lodi (Head, Dept. of Education)	FC 2.5 Use of personal protectice equipment for Hygine Dr. Meenakshi Srivastava (OBG)	FC4.2 Healthy life style, Proper sleep Dr. Pankaj Kr. Verma (ENT)	FC 4.11 MENTOR and Mentee Program & Distribution of Mentors to Students Dr. Neelesh Shakya (Forensic Medicine)	LUNCH	FC 5.3 Demonstrate ability to learn and communicate in English, Confidence Building- (HOD, Dept. of language)		Sports Dr. Zafar, Sport Incharge
01-12-2022	Thursday	FC 4.3 Value of seniors and faculty Dr. Bhavna Gupta (OBG)	FC 3.6 Interaction with patients and families and communities. Dr. Debashish Pandit (PSM)	FC 3.4, 3.5 Basic principles ofcommunity health and its impact on health and disease Dr. Qasim Huda (PSM)	FC 4.2 Movie on Professional Behavior Dr. Syed Fiza Mustaqueem (Pathology)	LUNCH	FC 5.4 literature search and accessing online resources (Ms. Atiq Khurshid, Librarian)		Sports Dr. Zafar, Sport Incharge
02-12-2022	Friday	FC 4.4 Working in a health care team Dr. Vivek Katiyar (Medicine)	FC 4.5 Define disabilities & its various types, Emphasis on Blindness Dr. S.M. Akram/Dr. Khalida (Ophthalmology)	FC 4.5 Disability act & etiquettes Emphasis on Hearing disabilit Dr. Ranveer Singh (ENT)		LUNCH	FC 5.2 Demonstrate use of local language (Hindi) in patient and peer interactions, / (Techno Teacher)		Sports Dr. Zafar, Sport Incharge
03-12-2022	Saturday	FC. 4.1 consequences of unethical behavior Dr. Vishal Arora (Anaesthesiology)		FC 4.1, Concept of Professionalism and Ethics & consequences of unethical behavior Dr. Amredra Kumar (Forensic Medicine)		LUNCH	Sport & Extracurricular activities Dr. Zafar, Sport Incharge		
04-12-2022	Sunday	Sunday							

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05-12-2022	Monday	FC 2.7 Handling biomedical waste management Dr. Mohd. Saquib (Microbiology)		FC 4.6 understanding and respect of interact with those with different cultural values Dr. Priyanka Thapa (Biochemistry)		LUNCH	FC 5.4 Presentation skills, Group Presentations by students Dr. Kauser Sayedda (Pharmacology)		Sport & Extracurricular activities Dr. Zafar, Sports Incharge
06-12-2022	Tuesday	FC 4.5 Communication with people having disabilities – Non discrimination – Dr. Anuj Rastogi (orthopedics)	FC 2.5 Personal hygiene and health hazards Dr. Karuna Katiya (Microbiology)		FC 4.5 Accessible healthcare settings for disabilities, Emphasis on Locomotor Disability Dr. Farid Mohammad (Orthopedics)	LUNCH	FC 5.3 Ability to communicate with patients and their family with preferred language (HOD, Dept. of language)		Sport & Extracurricular activities Dr. Zafar, Sports Incharge
07-12-2022	Wednesday	FC 4.8 role of YOGA/ Meditation role in balancing health and its proper way Dr. Khaleel Ahmed Manik (HOD, Physiology)		FC 4.7 Introduction to stress and its effects Dr. Azhar Mahmood (Psychiatry)		LUNCH	FC 5.4 Computer Skills Data Analysis with Charts and Filtering Techniques & Spell Check Features, Thesaurus, Mail Merge with Envelopes and Labels (Dept. of Computer Science & Engineering)		Sport & Extracurricular activities Dr. Zafar, Sports Incharge
08-12-2022	Thursday	FC 4.3, Rights of the patients Dr. Nasim Akhtar (Forensic Medicine)	FC 4.9 Time management- significance in medical field Dr. Amir Faiz (Pathology)		FC 4.3 What can a Medical Student expect?--Society & Nation, Institution, teachers, peers and colleagues & Patients Dr. Shameem Ahmad (Emergency Medicine)	LUNCH	FC 5.2 Demonstrate ability to learn and communicate in Hindi, Confidence Building (Techno Teacher)		Sport & Extracurricular activities Dr. Zafar, Sports Incharge
09-12-2022	Friday	FC 4.11 ROLE AS A MENTOR Dr. Neelesh Shakya (Forensic Medicine)		FC 4.14 different methods of self-directed learning Dr. Shweta Agarwal (Medicine)		LUNCH	FC 5.1 - Listening skills, body language & importance of empathy Dr. Pramod Kumar Porwal (Physiology)		Sport & Extracurricular activities Dr. Zafar, Sports Incharge
10-12-2022	Saturday	FC 4.13 learning pedagogy and its role in learning skill Dr. Roshan Alam (Biochemistry)		FC 4.10 understanding of importance of interpersonal relationship while working in a health care team Dr. Vaibhav Jain (Pediatrics)		LUNCH	Sport & Extracurricular activities Dr. Zafar, Sports Incharge		
11-12-2022	Sunday	Sunday							
Date	Day	9-10 AM	10-11 AM	11-12 AM	12-1 PM	1-2 PM	2-3 PM	3-4 PM	4-5 PM
12-12-2022	Monday	FC 4.15 Collaborative learning (Skill Lab) Dr. M. Haque (Anatomy)	FC 4.8 Discuss with students for skill on yoga & diet planning Dr. Guahar Hussain (Physiology)	FC 4.7 Feedback by students for stress and its effects Dr. Anurag Agarwal (Psychiatry)		LUNCH	FC 5.3 A. Elements of communication B. VOCALS: Tonality, speed, tenor (HOD, Dept. of language)		Sports Dr. Zafar, Sports Incharge

13-12-2022	Tuesday	FC 4.2, Value of integrity honesty Dr. Asma Nigar (OBG)	FC2.6 Techniques of Hand washing, gloving/degloving, disinfection, handling sharps& waste disposal Dr. Nidhi Shukla (Anaesthesiology)	FC 2.4 Demonstrate handling and safe disposal of Bio hazardous materials in a simulated environment Dr. Pooja Jaiswal (Pathology)	LUNCH	FC 5.4 Computer Skills Working with Hyperlinks, and incorporating audio and video in presentation (Dept. of Computer Science & Engineering)	Extracurricular activities (dance/drama) Dr. Mah Paiker / Dr. Zoya Qamar (Anatomy)
14-12-2022	Wednesday	FC 5.1 Communication skills (students Interaction) Dr. Kutubuddin (Medicine)	FC 5.1 Basic Communication Skills Dr. Lavan Saxena (Radiology)	FC 5.2 Demonstrate use of local language (Hindi) in patient and peer interactions, / (Techno Teacher)	LUNCH	FC 5.2 Demonstrate use of local language (Hindi) in patient and peer interactions, / (Techno Teacher)	Extracurricular activities (acting music and poetry) Dr. Ankita Bist (Pharmacology)

Foundation Course Hours

Subjects	Hours
Orientation	30
Skills Module	35
Field visit to Community health centre	8
Professional development including ethics	40
Enhancement of language / Computer Skills	40
Sports and Extra Curricular Activities	22
Pandemic Module	2
Total	177

Abha Chandra

Prof. Dr. Abha Chandra
Dean, IIMS&R